



DIVINE MOTHER CENTER



# BRAHMA CONSCIOUSNESS & YOGA NIDRA, DIVINE SLEEP PROCESS

T R A N S C R I P T

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TEACHINGS OF  
SRI SAI KALESHWARA SWAMI

#### ABOUT THIS TRANSCRIPT

This is a transcript of contains Sri Sai Kaleshwara's Swami teaching on *Brahma Consciousness* on November 20, 2005, at the Divine Mother Center, in Laytonville, California. He completed the teachings the following year, in May 23-24, 2006, he continued teaching about *Brahma Consciousness* as well as the *Yoga Nidra Divine Sleep Process*. It was Sri Sai Kaleshwara Swami's desire that these transcripts be made available free of charge.

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## Sri Sai Kaleshwara Swami (1973-2012)



Sri Kaleshwar was born on January 8, 1973, in a small village many divine occurrences around him. Kaleshwar's spiritual awakening, what he calls his 'enlightenment day' took place when he was 14 years old. It was then that Shirdi Baba, one of India's most revered saints who had died in 1918, miraculously appeared to him when he was studying in an abandoned temple. Soon after, Kaleshwar began demonstrating miraculous healing abilities. Shirdi Baba had opened his energy channels to the Divine. Kaleshwar's true dharma, his spiritual work, then began to unfold.

For the next years, he practiced intense spiritual disciplines under Shirdi Baba's guidance. He was guided to palm leaf manuscripts written by saints from over the last few thousand years. He voraciously studied the sacred information written in the ancient manuscripts and practiced the formulas of mantras and yantras they revealed. The goal of these remarkable formulas was to awaken miraculous abilities in the soul and have a direct experience of God—it was the ancient technology of enlightenment. His spiritual research completely took over his life. Instead of studying botany, he studied the manuscripts. Instead of attending biology class, he meditated and practiced the formulas revealed in the manuscripts.

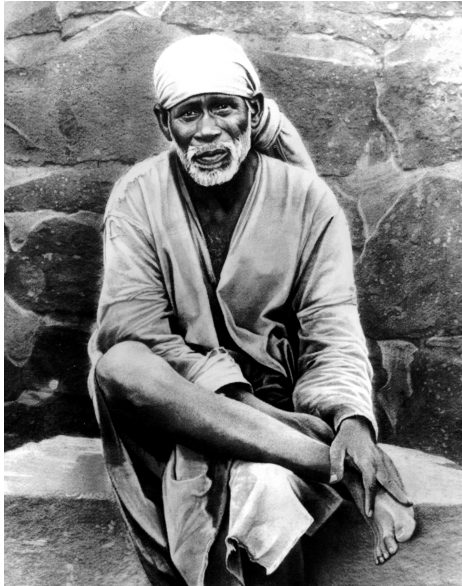
He traveled across India, lived as a mendicant, meditated in ancient power spots, met hundreds of powerful saints, and discussed his research on the information written in the ancient books. Eventually, he began releasing the supreme spiritual knowledge that had been hidden in the manuscripts to the world. In 1993, he settled in a small village in Andhra Pradesh...Penukonda. It is where he began building his ashram. He was 20 years old.

It was predicted 400 years ago in one of the manuscripts, *The Kalajnana*, that a divine soul would come and live by the holy mountain in Penukonda at the turn of this century. It was written that this soul would have a special relationship with Mother Divine and through Her grace would spread the knowledge of the supernatural power channels so that anyone could have a direct experience of the Divine.

Sri Kaleshwar's mission is to share this ancient spiritual knowledge with the world. He says these teachings are not his own ideas, they are all based on the information revealed in the manuscripts. He states that eventually it will bring about the end of religious fighting in the world. The information contained in the manuscripts give the formulas and practices whereby *any* soul can access the Divine and can become a holy soul. He says, "Every soul has the potential to reach the level of a Shirdi Baba or a Jesus and contribute amazing things to the world. Everybody can do it. That's my golden statement. That's my mission. Everybody's equal. What did Jesus say? Who really trusts in him will become more powerful than him. That means *all* his students. Everybody's equal." Sri Kaleshwar's mission is to create many spiritual masters who will spread this knowledge and bring healing and enlightenment to the world.

## Shirdi Baba ( - 1918)

Shirdi Baba lived his entire life as a beggar, begging alms from the villagers in the tiny backwater town of Shirdi. His simple appearance disguised the truth of his spiritual stature. His life was a demonstration of humility and sacrifice. He lived in a dilapidated masjid with no protection from the elements or the multitudes who sought relief from their suffering. He chose to live as a beggar although he could have



lived like a king. He received millions of rupees from his devotees but at the end of each day distributed everything to the poor.

Baba was an incarnation of Shiva, and a rare yogi with the highest supernatural capabilities. His yogic feats were endless; he brought the dead back to life, changed water into oil, appeared in many places at once, rescued countless devotees from life-threatening situations, and in his ultimate act of sacrifice, gave up his own life to save the life of a beloved devotee. He demonstrated so many miracles throughout his life, they fill the pages of many books. This phenomenon continues to this day.

Devotion to him is rapidly growing throughout the world among people of all faiths. His life was an expression of the unity of all religions and our essential oneness. Although he lived in a mosque, Hindu prayers and rituals were performed. No one knew if he was

Hindu or Muslim. Baba said, "All human beings are one. Our religion is humanity." Sri Kaleshwar said of his master, "Baba was *neither* Muslim nor Hindu, he was everything. Whoever calls for his help, his protection is there. Who really follows Baba, fear can never touch them. Fear is always away from them. They're very happy whatever happens."

Before leaving his body, Shirdi Baba made a promise to the world that whoever calls on him with faith, he will respond. "I will never forsake anyone who relies on me."

# THE BRAHMA CONSCIOUSNESS PROCESS

November 20, 2005  
Church of the Divine Lineage  
(Divine Mother Center)  
Laytonville, California, USA

## HOW WE CREATE NEGATIVE ILLUSIONS

**Swami:** Brahma, how are you?

Brahma: I am good, Swamiji. I'm doing well.

**Swami:** Why did everybody come here?

Brahma: To be with you. To receive whatever you want to give. I am here to learn whatever you need me to learn right now.

**Swami:** That is the right answer. First of all, after many years I am here again in America. A couple of months back I watched on the television the floods in America. I felt it was the time for me to visit, to see that country. That's number one. Number two, actually, I am not a good traveler, but I've been traveling a lot these last two, three years. Many times, I did programs in Germany, London. So far, I visited Europe 18 times. And in the past 30 days, I traveled to Japan, back to India, London, then again to Germany, San Francisco, Denver, and back again to San Francisco to come here to Laytonville.

Anyhow, we are so blissed and blessed to be in the beautiful forest. Starting today, His nature will really support us very strongly to awaken in us to the divinity.

Actually, on December first I was supposed to be in Los Angeles and then on to Hawaii, but I said, "Huh uh." I cancelled them. Of course, many people misunderstood, "Why did he promised? Why did he cancel it if he's really divine? If he's really doing divine work, why did he cancel?" How many times have I cancelled my programs, Clint?

Clint (Nityanandaji): In America?

**Swami:** Yes. For three years?

Clint (Nityanandaji): Maybe five or six times.

**Swami:** You never know until I am here. I never follow my own time. I follow his (*pointing to Shirdi Baba's picture*) time. I'm serious. So, it's teaching people patience, a kind of stitha pregnancy stage. **You cannot command the Divine to work to do whatever you like. You have to work for the Divine, to do whatever it likes.** Even if you want to come and talk to me, if my heart is not open, you won't get

results. If I want to talk to you, it doesn't matter if your heart is closed or open, forget it, I am a fire coal. With notice or without notice, if you touch me, you'll get burned, you'll feel it. I'm serious.

I don't have any bad intention by putting people under patience. Always I have a good intention to teach them patience to help them know something they're searching for. After canceling the programs several times, the Reality people will stand there. Instead of teaching 1,000 people, it's better to teach the right people, even if it's just one or two. That is most important.

Since six, seven years I didn't give any programs to anyone in India. Hundreds of thousands of people keep waiting, waiting, waiting. All the villages, towns, keep asking, "What happened to him?" I'm serious. It's the up and down mentality in the people. But, whenever the people's hearts are really open and need help, I am there.

Before we start, chant *Omkaram* five times. (*Chanting Om five times then the Guru Mantra, Ganesh Mantra, then Gayatri Mantra.*)

Welcome, my dear divine souls. Before we start, let me explain how normal illusions really disturb you from reaching the divine stages. Every person generally has problems, at least a few, like health problems, relationship problems, financial problems. You have little addictions with alcohol and drugs. You have problems with your wife and children. Your wife cheated on you. Your boyfriend cheated on you, you got heartbroken. You're not making enough money. You feel under stress, depression. You're living but you don't know how you are living. Something is dead in you, but you are living. You're running a life tragedy. **Problems come only from your actions and your behavior. You're allowing the illusions to come in you; you're inviting them to torture you through that.** How is it possible that you're allowing yourself to suck depression, to suck heartbreak, to suck all the pain in you? Clint?

Clint (Nityanandaji: Well, it's through the blocks, through the negative emotions.

**Swami:** Where are they coming from?

Clint (Nityanandaji: From the karmas and those come from the desires, from kama.

**Swami:** For example, I don't have any desire. I'm innocently traveling in the car. My car gets in an accident. I lose my leg. What is that? It's a block?

Clint (Nityanandaji: It is a lack of divine protection circles.

**Swami:** Exactly. If certain things are happening in your life without your notice, it means you don't have enough protection circles. Your guardian angel, your divine energy, whatever you call it that's protecting you, is getting lower. For example, you're a healthy man, a successful person, but still you got in an accident and lost your legs. Just ten minutes before you were super happy and okay in life. Suddenly it went like that, and you fell off the cliff. How to protect against that from happening? Same thing with heartbreak, whenever you're receiving a heartbreak, you don't know before that it's going to happen, and health problems, too. Today you're super healthy, tomorrow you attract some cancer. Your kidneys are failing. Your liver is getting damaged. All of a sudden, a tumor starts in your brain. Two days back you were okay. Now it started. What is that? There are three reasons for these things happening:

You do not have enough protection circles.

You don't know how to purify your soul.

You're not receiving, not feeding, the soul the right energy. Whenever you're not feeding the soul the right energy, it really makes you feel terrible. Then you're begging for God's help.



## KEEPING YOUR SOUL HEALTHY

If your soul is healthy and if you're active and okay, you won't think about God. Whenever you ignore your soul, the inner consciousness of the Divine in you, when you're not taking care of it in a proper way, then you're really in trouble. God is not making you to do all this stuff. **Whenever you're in the happy moments you need to thank the Divine. Whenever you're in the tragedy moments, you also need to thank God.** Whenever you are super wealthy, thank God. Whenever you are super broke, thank God. Every morning when you're waking up thank him. Before going to sleep thank him. When you're starting your meal, thank him. Today he offered something beautiful. One week back you didn't know you were coming here. It happened. It means you need to enjoy this climate. Already the decision was made. Your heart was open; some magnetic power pulled you here. Then you are here. Still, you don't know about the next hour. You don't know about the next day. It is completely in the hands of...?

Students: God.

**Swami:** Doesn't it make sense? It's in God's hands. How to protect your soul, your body, and your heart in a beautiful divine way? For millions of years that has been a big challenging subject. It's big research still happening. So far, I hope I've had a little success with that. I want to give some channels. Once you enter the channels, even if you don't want the protection, it will automatically start protecting you, making you hook, inviting a kind of divine virus in you. The divine virus won't go away. I am serious. I got the Baba Virus. There is no anti-virus.

Before I came here, I begged him, I surrendered, "No, I can't work. I am not going and I'm not giving a talk. It's impossible." I said, "Baba please..." But if I stopped this work, within the next two hours he'd give another work, with interest added. So just simply accept his virus and doing that. He gives the results, believe me. He has given amazing results. During these 32 years of my life how he really used me to make everything happen. In the world today, it's impossible for a single person to create and build such a great divine center like what's in Penukonda, India, just like that. I'm serious. That's why everybody gave the name 'Divine Mystery Fort' to the Penukonda center. Sometimes as I am walking into the ashram, where almost 250 staff are working, when I stand in front of the gate, looking at the mountain and the temple, this Sai Palace, many times I have a question mark, "How did it really happen?"

Just seven, eight years back, I was living there in a beautiful hut with a wild forest surrounding it. I was happy with that. Still that hut is there. After a while, whenever I slept in the hut, 30 to 40 people wanted to sleep around me and meditate. It became so tight. Okay, I want to build something for Baba and for the people, too. Then they can be happy there and then I can be in my hut. That was the first concept. The reason was to just push the people into the temple to go and meditate there. I started. I did the prayers, "Baba, I have a thought. Maybe I can put you in a small temple." I broke the coconut. I started. Look at the virus how much I really invited the virus. It's grown, grown, grown, grown. It's now like five-star hotel. Is it true, Clint?

Clint (Nityanandaji: Absolutely, Swami.

**Swami:** Before when I wanted to talk on the phone, there was just a huge wire strung for some kilometers and the monkeys would be swinging on them and the boys had to keep running, taking the ladder, and fixing the wire.

Now the ashram is open to all foreigners. Especially the spoiled California ashram students! I hope they enjoy it. Then they created. "Okay, Swami, we will help." Then they brought a satellite phone for me to reach the students around the world. The government was also pretty open. Now it's like a little high-tech facility.



## FALL IN LOVE WITH THE DIVINE

Number one, once you surrender, even if you don't want something but you really need it, he knows that and he gives that to you. If you need something, and your heart doesn't want it, still he'll give it. That is Baba.

Number two, at the same time if you want something only 50/50, not with a 100% open heart, like feeling, "Well, I want to see Mother Divine." Or "It's okay whether Mother Divine accepts me or not." That's not fair. You have to come with a determined mind, determined heart, that you want to see it, do or die. You need to fall in love with the Divine—really fall in love. Your soul has to really badly want to connect to it. That's a kind of soul aching. You know soul aching? You want to communicate. You need to learn some channels. Such type of strong feeling you need to create. Not create; you need to raise them up. You understand?

For example, when you see an attractive girl, any special person, you can't help it, you want to know their name and phone number. Then all the time that person is coming in your dreams. You can't help it. Like that, you need to make a 100% commitment with the Divine that you'll be there. Once your soul is really strongly committed, it's done. Then you can leave it alone. It will happen. Absolutely, it will happen. You cannot escape it. God cannot escape from you.

## A GUIDE IS NEEDED TO REACH YOUR DESTINY

Many people think, "Swami, I meditated for 30 years. I did some healings. I got some channels, but I didn't have any real experiences. Still I'm doing it in my life. I believe in God, I know God, I trust Him, but I just don't know." It means you don't have the right angle, right guidance, right way, right formula to reach Him. Do you understand? If you want to reach to some place crossing the desert, if you don't have the perfect directions, forever and ever you are in the desert. If you don't have the perfect guidelines, for ten years, or 1,000 years, or even 10,000 years, you'll be forever in the desert. You need a perfect map. **You need to know what you're doing, and somebody really needs to guide you until you reach your destiny. If there is no guidance, you're lost. That is the major problem happening right now in spirituality.**

I'm not opposed to any religion. Jesus told all his students they will become more than him. That's a powerful statement. All his students will become...*more than him*. To reach that stage—what he demonstrated with his soul ability and soul capacity—is a big step. So, for the past 2,000 years until to know why are people not able to receive that same energy to reach that stage? Where are the people who can really demonstrate certain things like Jesus did? I'm not criticizing but whoever is doing that now, or whoever has done certain things in the past, the world treats that person as a kind of black magician saying, "Only God is allowed to do certain things, not people." When Jesus was alive, they treated him as a kind of black magician. They also treated Shirdi Baba as a black magician.

Today, students are receiving a lot of misunderstanding from the environment, the society, it happens to anyone who is really teaching some great things. But if you receive that gossip, those unnecessary comments, then you'll spoil your mind, you'll get disturbed, and you'll lose it. Between you and the master, you don't know what the master will give to you. And you don't know when you're going to receive. Once you receive it, you'll start to experience it. Sorry to say it this way, it's like a wife and husband, making beautiful love. The fragrance they're enjoying is completely private. Whatever the master gives the student and whatever the student receives, they're completely the privacy moments. After the student receives something, then the remaining people will start to talk some nonsense and it's possible that student will suck that.

So, whatever you want to do, do it. You need to make a strong commitment, "I am doing meditation with the *Gayatri Mantra* 108 times per a day no matter what." Even if somebody comes, "Why are you doing the *Gayatri Mantra*? This mantra is more powerful than the *Gayatri Mantra*. Do this one." Already the master has guided you to do this prayer at a certain time. It means he is working on your soul. Then instead you're doing a different mantra and you dropped the one he gave you. You lost it.

Like an egg hatching under the chicken, you won't really know what it is until it comes out from you. From the beginning, you can't see the small chicken hidden in that. It's impossible. A woman can produce ten beautiful souls; she has that capacity, the energy, but she doesn't know it. But the Nature knows, and the master knows what type of the souls will come out from her.

## BRAHMA CONSCIOUSNESS & SOUL TRAVEL

Now I'm coming to the point. **The whole system in Creation is always in you but you don't know it. You can do wonders, but you don't know that.** You are a part of God, but you don't know that. Even if somebody says it and you know it you have to experience it, too. How to get that experience? Now we'll go that point.

The soul is always a mystery, more than the monkey mind. I'm serious. **Every night when you're sleeping, the soul will walk out from your body for at least a couple of minutes. It's a standard law. Then again, it enters. Whenever it is walking out it creates some beautiful dream, some illusion drama in your third eye when you're sleeping and enjoying that dream.** After you wake up you remember the dream. You liked it. But, after days you don't remember it. You only remembered the last night's dream. The remaining days you don't know what's happening.

When you fall asleep, you don't know what is happening to you. Your soul is making you sleep making your mind quiet and calmed down, then it's taking that whole system in-charge. You need to understand this. It is a big subject. **The point here is whenever you receive a dream, it's a standard, your soul has left from your body and entered back again.** If you take the length of time of your dream, it means that much time it traveled out. But you don't know where it went.

Whenever the soul is going out from our body it tells the Brahma Consciousness it's leaving. Once it leaves then you start to experience dreams in your Brahma Consciousness and third eye. The soul commands the Brahma Consciousness to the heart, "Take care of this body. I am coming back." Then it leaves. Once it leaves then you start to see dreams. Sometimes the Brahma Consciousness doesn't accept it, "No, I don't want to watch. You stay here." There is a fight running between them. I'm not joking. It is a very serious subject. One day science will accept exactly what I am saying. The soul commands the Brahma Consciousness and if the Brahma Consciousness is not accepting it, "No, there is no permission for you to go. You stay here. I'm locking you in." Then the soul convinces the Brahma Consciousness, "Hey no, come on. You were thinking on something today, isn't it? Somebody you were really wondering on?" The soul is tuning in, playing there, putting an illusion in a beautiful dream to the Brahma Consciousness, "You watch the dream," then it's leaving. **When you have a dream, it means there is a fight happening between your soul and your Brahma Consciousness.**

After the soul comes back, the Brahma Consciousness drops to the heart, "Hey, this happened last night. I did my job. I watched him. He left. He gave this beautiful dream. I am dropping it to you." You receive it in your heart. After your heart gets it then automatically it's passing it on to your mind. Then you start to feel, "Uh oh, last night Swami came, last night Shirdi Baba came. I was with a beautiful friend, I was driving in the car, something happened, and I visited some beautiful place."

Either you're having good dreams or bad dreams. Some people have bad dreams all the time. It means their Brahma Consciousness is super fighting with their soul. It's punching all the time. That's why the soul is giving back some super strange bad dreams. Sometimes people go psychiatric in their normal life, behaving, even walking, a little funny. It means the Brahma Consciousness is giving such a hard time to the soul. The soul is giving back a punch to the mind, to the Brahma Consciousness, then the person's behavior is a little unstable.

The only solution to fix that is to make the Brahma Consciousness very strong. Once the Brahma Consciousness is very strong, you're okay. **You need to keep the soul in the body as much as you can. Once it keeps jumping and running like a fish, big problems start. You're receiving the illusions. The soul always wants to go away from you. That is the standard law.** It wants to go. It's only staying through the Brahma Consciousness, your heart, the guru's sankalpam, and your third eye gurustan locking it in, not letting it go away.

Right now, in your Western culture, people think a dead person coming back to life is a big miracle. But in the ancient cultures it already happened. In India, several thousand-year-old people are still living in the Himalayas. They have pretty good commanding with their Brahma Consciousness. They're taking the soul and using it in a beautiful positive way. You just don't know how to use the soul in a beautiful proper way, let me put that way. That's why you have all these funny problems and huge cloudiness in your life. You can't see through. You cannot see anything. You're stuck.

**The bottom line is you don't know how to use your soul.** You're a piece of God. If you don't know how to use it, it doesn't matter in which form you are, as a human, as an animal, as a tree, as a fish, as a bird, whatever it is. So how to use the soul? Everything is linked with divine souls. Opening the doors is a purification. I want to give the channels.

So, the soul is like that. Sometimes when a person is in the ashram, I give a healing when a person is sleeping. I tell them, "Come and sleep in the Jesus Temple." They think, "Why I should come and sleep in Jesus Temple? I have a beautiful, air-conditioned room?" No, really, my students, these guys, are really spoiled. I say, "No, come and sleep in Jesus Temple. They all come, make their beds very comfortably. It's beautiful. Everybody's sleeping. Of course, they won't sleep that easily. They're opening their eyes and watching what I'm really doing, "Is he talking to anybody? Okay, he's near Jesus making the candles." Like a monkey, they're wondering what is really happening. I really want to connect to their souls. When they're sleeping, pull the soul, do the process, and send the soul back in a beautiful way. But sometimes when I'm around the people won't be sleepy. The soul won't take that challenge. That is the point.

So, I put some illusions. I leave and go to my downstairs my fire pit. Then they start taking the sleep. They're in the beautiful sleep; somebody's in a deep trance. Good. Once I enter, if I stand near a person, it makes them feel a huge shock, "Oohh," then they wake up. In your life, did you ever experience when you're sleeping if somebody comes near you it makes you wake up? Do you know what is that? It means that your soul at that time is doing pradakshina around your body and is ready to take off. Whenever a strong soul comes, it wants to make your soul wake up, your soul rushes to enter back into your body. This is a very new concept. For many days if the soul's landing back in the body is rough, if it keeps rushing and pushing very badly in your body, then your life goes a little up and down. You need to fix the soul's landing in your body very smoothly. So, you watch. It's just starting. Does that make sense to you, Ramakrishna?

Ramakrishna: That does make sense, Swamiji.

**Swami:** How many times did you get shocked awake?

Ramakrishna: Oh, many times. If you walk into the temple, I wake up.

**Swami:** Why is that?

Ramakrishna: I have no idea. Even if I don't hear you, I don't know, I just sit up and then turn around and there you are, "Okay."

**Swami:** It is the soul magnetism running. Iron and soul are there. Iron to magnet. Magnet to magnet. You'll understand when you do your soul purification process.

## BRAHMA CONSCIOUSNESS PROCESS MANTRA

Om Brahma

Atma Brahma

Breem Breem Breem

Mama Atma Paramatma

Avaham

Avaham

Avaham

'Ma' means you. Again 'Ma' comes. 'Mama' means, next 'Ma' means whoever it is that you do not know. 'Atma' means your soul. *Paramatma* means Divine soul. You don't know what Divine soul. The bijakshras are '*breem breem breem*'. Bijakshras are really soul words. Soul words? Energy words, let's put it that way. And you're inviting the Paramaatma. **The trick here is to make a divine soul come and sit in you whenever your soul leaves your body.** These are all new concepts for you.

It doesn't make any sense in the beginning. But then every night you'll really enjoy the divine bliss, sleep is going super smoothly for 30 days, from one full moon to the next full moon, an amazing difference will come in your lives, your life activities—good fortune, good karma. The main points here are the depth of spirituality:

1. How much you'll really enjoying your sleep.
2. You have to know that you're sleeping.
3. You have to recognize what you're really doing when you're sleeping.

### PROCESS INFORMATION AND QUESTION AND ANSWERS

You need to start the mantra every night after sunset, 6:30pm, 7pm or later, and finish before 4:30am, 5am. Do it a minimum of 108 times (one mala), maximum to whatever you want. Then watch how much purification is happening in you.

You're chanting this prayer, this channel, for 101 days to make your soul strong. You're inviting Divine souls in you to bless you with whatever they want. After 101 days, your healing capacity will rise pretty good. You can do healing and can help many people suffering with depression and a lot of blocks.

After you finish chanting for the 101 days, I want to make you prove this prayer mantra and this energy. We will create something, like a beautiful cross, or a beautiful statue, or make a beautiful form out of the rock, sculpting it with your own hands. Your Swami will come, and we will all just sit and chant. I will channel those energy channels. You can then see whatever I am going to pull. That Divine soul has to come in that statue or in the cross. It needs to prove the energy to us, make it bleed. It means that Divine soul is there, making it bleed while you're observing it.

Student: Could you say it again? It sounds quite important.

**Swami:** It is important, not quite. It is important. For example, there is a Ganesh statue. And, after you do the 101 days, we'll sit and make a fire puja. We'll make some beautiful Shiva Lingam made of rock. From that rock, some beautiful fragrance needs to bleed. How is it really possible? It is possible. Today I have a process with the Atma Lingam group. Is it still happening, Clint?

Clint (Nityanandaji: Ah, yes, Guruji. Yes, that's right.

**Swami:** How many people?

Clint (Nityanandaji: Twenty-four or 25.

**Swami:** How many years back did I give the process to them?

Clint: Two and a half years.

**Swami:** Two-and-a-half years back I gave the process to them. I promised. I left. Again, I'll be here. I told them to utilize the time. What were they supposed to do, Clint?

Clint (Nityanandaji: To have a Shiva Lingam manifest from the sand. Sand turning into a Shiva Lingam and then that Shiva Lingam will bleed, or something will come out from that Shiva Lingam.

**Swami:** It will bleed the amrutam—honey nectar. Today we are going to do that process with 25 people. It has nothing to do with me. Just I am an instrument.

Student: Do we need to make this thing ourselves? You said get it and then you said make it. When do we make it?

**Swami:** After you finish the 101 days of the process I will give a call, "Hey, I am here." Anytime I can call, "I am here, please come." We will make a one- or two-day camp. One day you will see and punch it. Come everybody. We'll choose somebody to cut the wood or whatever it is. Then you'll experience that. For certain things you need to make sure in your heart it is open. You understand?

There are still amazing divine souls—maharshis, gurus, saptapurushas, diviatmas—in the Nature. They don't want to go back to their next life. They're really just enjoying in the Cosmic. You might think once you're done with this life, and you die you don't have a next life. To some people yes, it's true. But some people are still hanging in the Nature. And some people are hanging as a kind of spirit. I'm serious. You're 40, 50, 60 years-old and you think that is the reality.

When you are in the physical body opening certain channels, you can communicate with some divine souls. Then when you leave from your body, it makes it easier for you to balance. When you are in the body you feel totally comfortable understanding Nature's up and downs. Do you understand?

Student: I'm sorry, maybe I should take some elementary courses but what do you mean when you say the Brahma Consciousness? What does that mean?

**Swami:** It's a good question. Brahma Consciousness is always your well-wisher, a security guard to your soul.

Student: Do you mean like an angel?

**Swami:** No, it's not angel. It's a security guard that's in you all the time.

Student: If your Brahma Consciousness is weak, does that make you more susceptible to the dark side and evil things?

**Swami:** Yes. Yes.

Student: So, when the Brahma Consciousness is fighting with our soul, then we're having bad dreams? So that means that I'm not taking good enough care of my Brahma Consciousness?

**Swami:** Yes. After the fire puja, I'm coming and giving shaktipat, to fix it in everybody.

Student: The soul and the Brahma Consciousness are moving from life to life, each lifetime, are they separate?

**Swami:** Let me put it this way. Some people have really great good karma, some people's karma is normal, some super normal, some people have super tragedy, and some people are super happy. For example, in this lifetime, my Brahma Consciousness is very strong, and I have good control on my soul. So far, I created super willpower, soul power. I did the job. Then next time I come, I'm choosing the most powerful Brahma Consciousness. Choosing one style, create your own Brahma Consciousness. That's another stage. It's like a cocoon. Then it really wants to come out. It cannot, it stays in it. Done. The whole system of our body is like that.

The psychiatric doctors think all the time that's it's some hormone defect. I understand. I accept that. But they need to see some angle of meditation, some prayers, and check that, too. But one day they'll come to that point, too. Especially, on Full Moon timings, sorry for women it's a little bumpy. Does it make sense, Clint? You're doctor. Be honest.

Clint (Nityanandaji: Yes, it's true, Guruji. Yes.

**Swami:** During Full Moon and New Moon timings, they go a little high energetically.

Mutyam: If you don't have dreams or remember them, what does that mean about the Brahma Consciousness?

**Swami:** It is just very quiet. It is very quiet.

Student: How does the Brahma Consciousness interact with the illusions?

**Swami:** The soul is bringing the illusions.

Student: After you do the 101 days, would we ever need to do the 101 days again in the future or do we just do it one time only?

**Swami:** You can keep continuing it. Minimum is 101 days.

Student: I am still confused. Do we make our own statue? I didn't understand that.

**Swami:** For example, we are all gathered here today. They brought some sand. What type of sand is it?

Ramakrishna: River sand from the bottom of a river.

**Swami:** Explain about the Dwarkamai Shiva Lingam and what is this one is.

Ramakrishna: In Swami's ashram, there is Dwarkamai, a small, very powerful, meditation place. A few years back some students got some sand and filtered it and left it inside the Dwarkamai. I think it was about 101 days. And then two students, one of them is here, went inside with Swami and created a Shiva



Lingam from that sand. The sand was from a river, brown sand, from that sand the Shiva Lingam turned like an emerald. Then it started to bleed amrutam. It kept bleeding amrutam so much it went across the floor, and we collected it and shared with everyone. Still on certain Full Moon timings and special processes it bleeds by itself. Swami calls it a Jyoti Lingam. Jyoti means light. It's one type of lingam. There's only one Shiva Lingam like that in the planet right now. That is same process he's offering to us here to Laytonville.

**Swami:** So, it's your duty to pull Swami making me to come here after the 101 days. We can stay in a pleasant peaceful area to make the process done. This is the first level; one of your strong processes. You need to have a strong groupism together, communicating with each other, and receiving the messages I am giving from India. You really need to be like a soul family, through thick and thin, having a strong, good friendship bond.

On some Guru Days, I used to give messages. I communicated some teachings. Just go through these messages. Whenever I am coming here, you'll receive a message. Communicate the message to your friends, organizing yourselves to gather. I'm saying, whoever you call a difficult character, I am very difficult, very hard character. Same time, once if you make me come here, I'm something different. Do you know what I am saying?

Student: No.

**Swami:** Clint, they want to hear about my character.

Clint (Nityanandaji): Well, you're the most generous and giving person I have ever met and you're also extremely sharp. And, on the points that are important, there is no compromise and there is no mercy there.

**Swami:** It's important. You need to do something great.

The second prayer you can share with any of your friends. You can give it to your friends and your family members for any type of problem they are carrying. Let them chant the prayer.

## MANTRA TO HEAL PROBLEMS

Om mama,  
Om mama  
Om mama  
Atma sukhi bhava  
Sukhi bhava sukhi bhava  
Atma shanti shanti shanti  
Avaham avaham avaham

(*bhava* like in the Earth mantra)

**Instructions:** This prayer can be given to anyone.

**Swami:** Clear? This one anybody can chant in your car, or when you're on the flight. You can hand it out to some of your friends. If they're having any problem, just you bless them with this prayer.

Student: Any time of day, we can do this one?

**Swami:** Yes, this one you can do anytime, anywhere, any place. Try to chant it as much as you can, pleasantly. These are really, really, really top prayers. You can experience them. Use them as much as you have peaceful time.

Student: I understand that you're saying that the Brahma Consciousness is the protector for the soul when it is leaving the body. Is the first prayer to contain the soul in the body or is it to protect the soul while it is outside the body?

**Swami:** You will experience after 101 days. I don't want to give any illusions here. Let me do my job with your soul. Let you do your job to your soul. After 101 days, what the Divine soul will do to all our souls, that's what we'll see. Your duty is to pull me if you're really interested after 101 days to watch the fun. Then we'll go to the next stage.

So, you have 15 minutes break now. Then we are going to near fire pit and sit very quietly and relaxed. Then you're taking your prayer, gently chanting it aloud, all together with one rhythm. And, somebody should keep putting ghee and offering it in the fire, with some flowers and some fruits. Just keep watching the fire the whole time with your two eyes. Once you set that, you have no permission to close your eyes even if it's super smoky, this and that. You can stand or you can sit, you can keep walking, but you have to keep watching the fire.

Brahma: So, we're doing the first prayer?

**Swami:** First prayer. Then after it's all done, everybody needs to do pradakshina around the fire five times. And make a pledge—that is the most important thing.

The pledge means you're doing some service. My desire, what I want from you guys, every week you should go to some hospital, or orphans' home, or old-age home to spend one hour time with them. If you have a hundred dollars in your pocket, spend ten dollars for them. If you don't have the time to do that than do any kind of service for one hour to anyone who really needs help or is super sick. From Sunday to Sunday, in one week a minimum of one hour you have to. It is an order. If you want something, I need from you this. If you can't do service, just you go and put a little money there. And, with the second prayer, you just chant it, bless them, and come back. You understand? Make sure you do this. You never know if one day *you'll* get any type of problems, sickness, some tragedy. As humankind, you need to give love to humankind. God has blessed you with some great thing. Go and just give that love and spend some time there. Promise?

Students: Promise.

**Swami:** Double promise?

Students: Yes.

**Swami:** Let's go. Take a 15-minute break. I'll see you near the fire pit.

## THE PLEDGE

*(Swami instructs Dr. Clint Thompson (Nityaanandaji) to help the students with their pledge.)*

Clint (Nityaanandaji: *They are going to allow me to understand the capacity and real reason the soul came into Creation, in a body, and how to use my soul. So, in return, I'm pledging to do the mantra the way Swami said. I am pledging to do it every day for 101 days in the right time. I am pledging to do my best. I'm pledging to do service and try to help people more. And actually do at least one hour of just pure service per week. And, if you're giving anything, you're pledging to give this in gratitude to that Divine soul who happens to be in a body with us right now. So, that's a personal kind of dialogue between each of us and the Divine.*

Swami loves to work with the groups. And, I can say for sure, there are many people here who have been in a lot of processes with Swami and groups. And we've seen ups and we've seen downs and we've seen successes. So, I hope those of you who are new to the group process in spirituality, can give us poetic license, we're really going to be doing our best to help the groupism from the beginning in whatever way we can. We have satang here every week on Sunday in this temple. We do public fire pujas every full moon in Laytonville. These are both open to the public. If you can come, these are two opportunities a demonstration of groupism because nobody in this group will succeed by themselves. So, I'll stop talking. So, let's go over the mantra very quickly and then we'll start. At the Fire Puja

*(Fire puja started with chanting the Guru Mantra, Ganesh Mantra, and Gayatri Mantra three times each. Everyone chanted the mantra about 30 minutes while looking into the fire as Swami gave shaktipat to each person. At the close of the fire puja, Swami chanted.)*

Shanti shanti shantihi  
Loka samasta sukheeno bhavantu  
Loka samasta sukheeno bhavantu  
Loka samasta sukheeno bhavantu  
Om shanti shanti shantihi

**Swami:** Close your eyes for two minutes. Think deeply of your wish—what you want in your life.

Shanti Shanti Shantihi  
Loka Samasta Sukheeno Bhavantu  
Loka Samasta Sukheeno Bhavantu  
Loka Samasta Sukheeno Bhavantu  
Om shanti shanti shantihi

*(Swami breaks a coconut.)*

With your two hands, touch the ground. Then try to do pradakshina five times around the fire. I'll see you after 101 days.

Students: Thank you, Swami.

**Swami:** Thank you.

***End of Program***

# BRAHMA CONSCIOUSNESS & THE YOGA NIDRA DIVINE SLEEP PROCESS

Church of Divine Lineage  
(Divine Mother Center)  
Laytonville, California  
May 23, 2006

**Swami:** Welcome, my dear divine souls. Today is the most auspicious day. I can't believe it myself. What made me come here? I can say strongly two reasons: one is your discipline and the second thing is an order from Baba, 'Go and take care.' I'm here.

Last time when I was here, I really thought I was going to L.A. to give a talk. But it didn't happen. Many people have big confusion about me, thinking how loyal and truthful a guru should be. The guru should be loyal, Clint?

Clint (Nityanandaji: Well, the guru is always loyal; he's the *most* loyal.

**Swami:** I am loyal but from beginning I always say you need to understand the guru's actions and behavior, the sadguru character. **The guru is always a mirror to your actions and your reactions. Whatever is in you he will show it back again; he's a mirror.** If you start confusing yourself, doubting yourself, doubting the process, doubting the master, doubting everything, that doubt, suspicion, is the worst disease your soul can receive in your life.

## BRAHMA CONSCIOUSNESS

Today the major concept is Brahma Consciousness. So, the beginning point of Brahma Consciousness is:

Guru Brahma

Guru Vishnu

Guru Devo Maheshwaraha

Guru Sakshat Parabrahmam

In the ancient days, a majority, Brahma Consciousness was everywhere. In that age, it took years, lifetimes, to reach the enlightenment stages. Nowadays, the clock, the time, is really moving in a beautiful way. But once you surrender, if you follow whatever formula you receive from the sadguru, you'll reach it. Many people have a big question mark, "What does it mean by enlightenment, Swami? What does it mean by satchitananda? What does it mean by bliss? Do you think Shirdi Baba was in the bliss when he was alive? Clint?

Clint (Nityanandaji: Yes.

**Swami:** What type of bliss?

Clint (Nityanandaji: Soul bliss.

**Swami:** You think your Swami is in bliss?

Clint (Nityanandaji: Yes.

**Swami:** Which type of bliss?

Clint (Nityanandaji: Soul bliss.

**Swami:** What do you mean by soul bliss? We have a lot of time, guys. We're going into the subject.

Clint (Nityanandaji: You know why you're here. You're doing your dharma. You know why you came, and you are here for exactly that reason. So even when the surface thing is painful, or irritating, or difficult, you're not attaching to that and believing in that. You still know something more is true and that's why you're here. So that bliss of knowing who you are and why you came never goes away.

**Swami:** Why did I come here? Jonathan?

Jonathan: To lift the souls, to create masters, to do the divine work of the Guru Parampara, to change the world.

**Swami:** Why should I do it?

Jonathan: It's the Divine will; it needs to be done. Souls are yearning, the Earth is suffering; it's time, it's a big plan. You're playing your role; we're playing ours.

**Swami:** Say that again.

Jonathan: You're playing your role and we're playing our role.

**Swami:** Exactly what role am I playing? Confusing the students?

Jonathan: Confusing them into clarity, yes. Confusing all the parts that are not available, surrendered, open, clear, ready, focused. Confusing all of that so finally on that level we give up and just let it come in.

**Swami:** Especially in Western countries, is it really possible to give up everything—your livelihood? Let's talk in a practical way. Is it possible, Gary?

Gary: To give up everything? Yes.

**Swami:** It's possible?

Gary: Yes.

**Swami:** That's interesting. Is it true, Clint?

Clint (Nityanandaji: Yes, it is true with grace, but only with a lot of help.

**Swami:** It's *not* possible. What do you need to give up, Ramakrishna?

Ramakrishna: Your blocks.

**Swami:** Like what?

Ramakrishna: Our personal blocks, like egoism, jealousy, anger, pride, those types of things.

**Swami:** How much do I have egoism?

Ramakrishna: You have a little egoism.

**Swami:** What is that?

Ramakrishna: It's a part of enjoying the nature of the Creation.

**Swami:** Give me an example. Hey, I love to hear. Then I'll explain my egoism. I agree I'm a tough character in certain angles. It's needed though.

Ramakrishna: I don't think it's an unhealthy egoism.

**Swami:** Be honest. Tell the truth.

Ramakrishna: I'm telling the truth. There's an egoism that's one part necessary to have a certain fragrance in this life; to enjoy one part of your own being, your own self, your own beauty, what's in you, what you're sharing.

**Swami:** You're not giving an example.

Ramakrishna: For example, you're always dressed so beautifully, with a beautiful scarf, beautiful perfume... very dazzling energy.

**Swami:** You think I have perfume? That's the life? Hun un. Somebody gave a present, 'Swami, this is perfume for you.' Okay.

Ramakrishna: Well, for example, I don't know if this is egoism, but sometimes you'll sit there and start putting on all your rings.

**Swami:** That's called egoism?

Ramakrishna: I don't know. Egoism means one part enjoying yourself, focusing on yourself, isn't it?

**Swami:** Hun un. There's a depth there. Monika?

Monika (Mataji): Well, sometimes you have to behave in a certain way. Like if you have a proud character you're dealing with, a big ego character, you have to become like that in order to take care of them. So, you have to take on the quality of that personality. *You* aren't that way; it's just a behavior you adopt.

**Swami:** If you give up jealousy and egoism, then you'll get Brahma Consciousness, Ramakrishna?

Ramakrishna: Yes, I think it starts to grow automatically when you don't give your energy and your attention and your focus to your blocks. Then something else starts to blossom there.



## WHO IS BRAHMA?

**Swami:** There's only one soul on the planet that no illusions can touch. That is Brahma. He's Brahmajnana. He has the wisdom of consciousness. There are no tricks in front of him; no playing any games in front of him. He's 100% a crystal-clear lotus leaf. He has Sarasvati massaging his feet. Sarasvati, according to the Indian tradition and philosophy, is a prostitute. It's true. Why is that? Why does he keep a prostitute near his feet? Why is she giving him a massage? And why does he have three heads? He's not Dattatreya; he's Brahma. He has three heads. What is the inner mechanism?

In every person's soul there are three characters, three gunas—sattva, tamo, rajo. From childhood, from young youth, until you get old, that's one character. When you really get old, that's another character. When you're in the middle stage, you're in tamo guna. All the gunas are playing there. Sometimes you really want to be rajasic; sometimes you're very quiet and calm. What do we mean by sattva guna, Clint?

Clint (Nityanandaji): Peace, lack of disturbance. Still, there's a little action but not a lot. It's an inward, pure focus on God. Turning the attention to God.

**Swami:** Tamo?

Clint (Nityanandaji): It appears intoxicated, sometimes unstable. It can be sleepy, non-active but in a destructive way, in a way that doesn't seem to be creating anything.

**Swami:** Rajasic?

Clint (Nityanandaji): Active, creating, beginning things, making things, putting things in the world, pushing energy outward, learning, and growing.

**Swami:** Which character is very powerful to destroy a person?

Clint (Nityanandaji): Well, if any of them are completely out of balance, I would say that would be unstable; you could be destroyed by that. If you're too active there's no peace. If you're too tamasic, you're intoxicated, too lethargic, too destructive. But I don't think you can be too sattvic, that is focusing just on God. So, I would say tamo would be the worst to be out of balance but too rajasic cannot be good in the long run either.

## USING KAMA WISELY

**Swami:** What is the seed of all the blocks—jealousy, anger, feeling left out, frustration?

Everyone: Fear.

**Swami:** No.

Everyone: Desires.

**Swami:** No.

Everyone: Self-doubt.

**Swami:** No. Kama. Not karma. Kama. The whole thing is linked with kama. **Kama is responsible for your destruction and for your success—to get enlightenment or to be in the terrible heartbreak disturbances.**

In any of the *Purana* stories Brahma was not involved with any character. He kept a big prostitute, an amazing beauty woman of the planet, and she was massaging his feet. He never, ever looked at her, even though he had three heads and several eyes. We'll go to the inner mechanism to understand why.

**Yes, kama is important, it is necessary to involve kama to know yourself. Kama is a must.** I know many gurus, maharshis, yogis, swamis, and babas talk about being celibate. If you don't have any feelings and you're celibate, you're okay; you're protected. But if you have those feelings and you're celibate, you're doing a big soul crime. Like you have a beautiful wife, and a great saint gives some process for you to be celibate. You're chanting your mantra. Your wife just took a shower and is walking in front of you. Your eyes are blooming, and you completely get disturbed. Then you sleep. You're under the high rhythm of soul suffering. One hundred percent you have no right to make your soul suffer—no. **But I'm not giving a negative prescription here to do whatever you want. I'm saying to be in a healthy, pure relationship; a healthy, pure soul connection; healthy pure kama energy. Not unhealthy—continuously jumping, jumping, jumping.**

Two major points on Brahma Consciousness and kama:

It's very hard to lift someone into Brahma Consciousness if they handle their kama energy in a crazy way. They're a beautiful rose flower with all the petals fallen off. Their kama chakra is in pieces and they don't know the reality in it.

To refix it, you need to use your Trineytra Chakra, the third-eye Shiva energy, to really focus completely on whom ever you've been with in your life graph, asking Shiva to destroy all the karmas, to lift it. Making a 100% commitment with your soul that you'll go in a proper way in your life. Then you can start to feel the beginning stage of bliss. That is stage one in Brahma Consciousness.

### CHURNING THE OCEAN—SHIVA & VISHNU CREATE AYAPPA

If we take the Paramapara, the Shiva character, he's the most amazing, powerful guy. When they were doing the amrutha process during the churning of the ocean, Shiva saw Krishna turn into a female and distribute amrutha to the rakshasas on one side and on the other side to the devatas. Krishna (Vishnu) was dancing; Krishna was giving the immortal nectar to all the devatas on one side. On the other side, Krishna was giving soma. It looked like amrutha but it was not. All the devatas were drinking it. Even Shiva got super tempted, 'Forget it,' and just jumped in.

How is it possible for a male to turn as a female? Some channels are there. Shiva made love with Krishna (who had turned into a female) and they produced a baby, Ayappa. In India, if you see that baby, it's a big deal. Millions of people are followers of Ayappa. Then Krishna, who had turned back from a female to a male, was screaming on Shiva, 'How dare you. I'm on the duty of consciousness. Just you destroyed me and then you made me have this baby. I don't want to carry this baby to Vaikuntha. My wife will kill me!' Shiva had no daresness to take that baby to Kailasa. Parvati would kill it. Those two guys had huge arguing about what to do. So, they dropped the baby in the forest. The saints protected it then a king, who didn't have any children, took it.

Why I'm saying this, Shiva, the Parampara, the beginning seed of the panchabhutas, the commander on the five elements, agreed and accepted to be in kama, to not be able to win kama. That's the first big failure, his big minus mark.

## HOW VISHVAMITRA LOST HIS BRAHMA CONSCIOUSNESS THROUGH THE KAMA CHAKRA

Then you come to another Parabrahma character, Vishvamitra, who discovered the *Gayatri Mantra*. He discovered and wrote the *Gayatri Mantra*. He did a thousand years of meditation non-stop. Then some devatas wanted to test his capabilities. They sent a beautiful dancing woman. Up until a certain stage, yes, yes, yes, yes, he was okay. But then at a certain point, he opened his eyes, and lost his consciousness. He lost consciousness means there was no more Brahma Consciousness there. He did a mistake; he lost 1000 years of meditation power. Then he was supposed to visit to heaven with all the devatas, the holy saints, and the holy divine people but they didn't allow him in. 'When you were on a diksha you did a mistake. Now you're not eligible.'

Then he was frustrated, he screamed at Krishna and Shiva, 'How much are *you* reliable? Even I lost my Brahma Consciousness.' Then he was super mad at all three murtas, Brahma, Vishnu, Maheshwara. He said, 'Is the female really problematic on the globe? No.' Then he came back again and started meditating. Then he found the *Gayatri Mantra*. He created Gayatri Mother Divine. He manifested Gayatri, a new female character, as a mother. Then he released the *Gayatri*, which was equal to the four *Vedas*, and created a new heaven, his own heaven. Then all the devatas came and begged him, 'Yes, you're right, it was not a mistake.' Then they came to discuss the subject we're going to discuss—the consciousness of Brahma.

## HOW BRAHMA CONSCIOUSNESS WAS TRANSFERRED INTO THE CREATION

In the coming days, in all of the future yugas, how will each soul be able to handle their Brahma Consciousness? **Who handles their Brahma Consciousness in a proper way can be in deep bliss, the real Brahmananda, Chinmayananda, forever, for the rest of their life.** So, how to handle the kama energy and connect to Brahma Consciousness all the time?

The story begins with Vishvamitra, all the maharshis, saptarishis and trimurtas. Brahma never ever interacted with any female character. He knew how to use his own energy to make the Creation, one part. He was the only person on the globe who knew that but only vaguely gave a description on it. Then Vishnu and Shiva received that information and transferred it to the rishis, then from the rishis it came to the lineage.

So, this Brahma Consciousness Process the most interesting, most powerful process you need to learn. This is a new subject for many people. Who's Brahma, who's Shiva, what is this? Any questions?

Ramakrishna: Can you repeat one more time how it came down?

**Swami:** When Brahma was telling how he handled it, Vishnu and Shiva were listening then they transferred it to the saptarishis. Vishnu means Krishna. Even Krishna tried to handle it in this Kali Yuga. He didn't succeed. He got success, but one part but didn't get success. Why didn't he succeed? What were the major blocks? **Some people have a huge addiction to something. Some people have addiction to anger, some are terribly confused, some people always feel the pain of being heartbroken. Where is the pain coming from? That's not your pain. That's illusion. That's a cloud. It's a joke. If you're feeling you have huge pain, that's a joke.**

## THE ONLY PROBLEM--YOU DON'T KNOW WHERE YOU CAME FROM

I met with a person in Austin. His name was a beautiful name. He was a pretty successful guy; amazingly successful. I gave an interview to him. I said, 'Please, how can I help you?' He gave the list. Then I asked,

'What is your problem?' Then he made the bullet points of his problems. Good. A few minutes later again I asked, 'What is your problem?' He told one problem. Again a few minutes later I asked what your problem is. He said, 'I don't have any problem.' I'm serious, he said, 'I don't have any problem.' In the beginning of the interview he hated himself. He was super guilty, terribly heartbroken, but had tons of wealth and thousands of people working under him. Then it kept on coming, coming, coming. 'There's no problem.' 'You really don't have any problem? You only have one problem, what is that?'

Student: Attachment.

**Swami:** If I didn't have an attachment to Laytonville I wouldn't be here.

Student: Separation from the Divine.

**Swami:** You won't be separated forever and ever. There's one problem, what is it? If you know the problem, done. Ramakrishna?

Ramakrishna: I'm thinking, Swami.

**Swami:** I'm giving two minutes time to deeply think. There's only one problem. There's nothing else you have problem with.

Alx: Only thing I'm thinking is misusing the Brahma Consciousness.

**Swami:** No. Yes, Ramakrishna?

Ramakrishna: That we think we have a problem?

**Swami:** Hun un. (Other answers are given: lack of faith, suffering, fear, love, inability to surrender.)

Clint (Nityanandaji): I was thinking lack of surrender, too.

**Swami: You don't know where you came from. If you really knew where you came from, done. It's done.** Then you're amazingly healthy—soul wealthy. One part, very crystal clear, I know where I'm from. Not Penukonda. Shirdi Baba is not from Shirdi, hun un. Where are you from? Where did you start from? Today that is the subject—Brahma Consciousness.

## RAMANA MAHARSHI

Ramana Maharshi of Arunachala was 32, 33 years old when he was meditating on the mountain in Arunagiri. Some little strange characters were on the way to Lord Venkateshwara in Tirupati when they heard there was a young saint wearing a small, tiny cloth meditating on the rocks. It was in the early morning hours. Ramana Maharshi was sleeping on the rocks. The two male characters and two female characters who visited him were very interesting souls. Ramana Maharshi was sleeping in deep, deep Brahma Consciousness. That's called Yoga Nidra. **Every nine days each soul on the planet sleeps in Yoga Nidra without their notice. That's a standard law.** I'll give the symptoms how to discover that.

Ramana Maharshi was sleeping in gigantic Yoga Nidra in a little cloth. The two gents saw he was in Yoga Nidra; they were a little impressed. They sat a little distance from him and started meditating. The two ladies wanted to meditate too, so they sat near to him. During the early morning hours when they saw his body was 98% naked the ladies' energy went crazy.

The deep Brahma Consciousness person (Ramana Maharshi) got shocked. He awoke, then looked at the two women, 'Yes, sisters?' Then he turned into a female. I'm serious. *He turned into a female.* Then the two ladies really opened their hearts. They really wanted to know the mechanism. They lived with him, around him, for 27 years on the mountain. They wanted to know the mechanism (of how he did that). The two gents also got shocked; they knew in certain angles it was possible. They left the two ladies. You read the Ramana Maharshi story yesterday. There were two lady disciples hanging around taking care of things during that time. Even Lord Krishna turned as a female. **Any miracle or amazing healing like making a dead person alive, or fixing heartbreak, you can heal through the Brahma Consciousness.**

Another thing, when Ramana Maharshi was in the hut feeding the monkeys a lady monkey jumped on him—that's illusion—and grabbed his tiny cloth and ran away. Read the story. He begged, 'Please, that is my only property, that's only my asset, give it back.' At the time nobody was there. The monkey was a little bit angry, frustrated. Then Ramana Maharshi wanted to know why, what was this? Then he sat under the mango tree. He went in deep... he didn't care, he didn't care, just meditating. A powerful mango fell off onto his head. I'm serious. Pretty good he got wounded, not in a crazy way, but pretty good wounded. Still, it was a punch; testing is a punch. When he was meditating, he received some messages. *One*, he wanted to know where he came from. *Two*, after we die, where are we going? *Three*, be a completely detached person. That was the majority of his philosophy. He was trying but it wasn't happening. The tiny cloth, he still wanted that. Why did he want the tiny cloth, Gary?

Gary: There was one thing he still wanted, to be protected.

**Swami:** Not himself. He wanted to protect everybody. He thought the cloth could do that.

Gary: He wanted to take care of them?

**Swami:** Yes, he wanted to take care of whatever crazy, kama women hanging around. The cloth was his only property. Ramana Maharshi had taken a diksha for 41 days where there was no permission to change the one cloth. Once he lost the cloth that was it. The monkey jumped, took the cloth; again, he got it back. Then Ramana Maharshi discovered another way, through the Shiva channels.

## RECEIVING BRAHMA CONSCIOUSNESS THROUGH THE SHIVA CHANNELS

Shiva also had a tiny cloth, a tiger skin, and was sitting in the graveyard. There was the most terrible smell. Dead bodies were burning. He was with his begging bowl, the kapala. He went to the village in a different form and begged food with the kapala. The kapala turned into a big coconut. He came back in the graveyard and again turned it into the kapala with food. Even He only had permission to eat two bites. He wanted to discover Brahma Consciousness. That was His goal—that was even our Big Boss Shiva's goal. He went to the village with a begging bowl. That was not a begging bowl, hun un. He was taking a kapala to eat from the kapala, 'Maybe there's a chance you can get Brahma Consciousness.' That's a tough point. **Shiva took the kapala to be in Chinmayananda. That was the inner mechanism. Why did he need to use the kapala? Because he wanted to know Brahma Consciousness.**

Finally, Shiva, did, did, did, did several millions of years, some yugas, in the graveyard. He still wasn't able to discover it. Dead bodies were coming, burning, it was happening over and over, it was a routine process. Birth and death kept happening. He was sending the souls back to Brahma again. Then Brahma fixed everything. Shiva wanted to know how Brahma was fixing the soul; how he was regenerating it. Shiva needed to know how creation was happening. One part, Shiva only knew the destroying thing; he didn't know the creative part. **Brahma Consciousness is based on, linked with, the Creation. Brahma Consciousness is also clearly linked with the Sri Chakra, where the Creation is happening.**

Then Shiva got fed up. He really got frustrated. Then He turned into Nataraja and started dancing huge in the graveyard to discharge. He was dancing on the grave, on the ash. The whole earth element was shaking. All the devatas, everybody, begged his wife, 'Please, can you go and take care of Him? He's really going to... you have to stop him!' She went. He had huge protection circles. She wanted to get inside. Hun un, it was not happening. Then to Shiva's eyes she completely turned as the most beautiful. He looked at her. He tried to use his third eye to burn her. His third eye was huge fire. 'Get out. No more illusion, no more!' He just wanted to know the Creation. That fire didn't touch her. He knew he could burn anything on the planet. He could burn Krishna, He could even burn Brahma, any rakshasa, any asura, anything. That was the third eye that he received from Mother. He received the third eye from her.

What we're really talking about here is the Creation Point. Is the female important or the male important? That's the subject. If you want to create something, who's important?

Students: Both.

**Swami:** Wait, we'll see.

Shiva danced, danced, and He got tired, super tired. Then He sat down and did His process, took his kapala, then started eating while looking at Her. Then He shouted, 'What you want?' Read the *Shiva Puranas*, it's there. I have the book they wrote 3,000 years back. Amazing. A true story.

He said, 'What do you want?'

'Can I just come to you, sit near to you?'

He gave little entry to Her, 'Come in.' She came, she sat near Him. Minute by minute, minute by minute, He completely quieted down. Then He asked, 'What do you want?'

'Are you sure you'll give whatever I want?'

'Yes, go ahead.'

'I want to make love with you.' She took the point. She took the point.

He said, 'Why do you have the desire? Look at this, in this place?'

'Why not?'

They had the first Shiva/Shakti union in the graveyard. Then she explained from her Womb Chakra that the whole creation was hidden in the Mother's womb. 'Even though you danced, you want to be everywhere in the grave, hun un. **The whole Creation is in the Mother's womb.** That simple ash is enough; I can manifest it as sperm, get in it and can create with it. With ash, you can generate, you can create. She explained that process. Then He became quite a *Bhola Shankara*. It means it was very easy to receive His blessings. Very easy? To receive His blessings, His *Bhola*. **You can't win Krishna that easy. You can't win Brahma, impossible. But you can win Shiva very easily and get Brahma Consciousness through His channels.**

## BRAHMA CONSCIOUSNESS & THE MOTHER'S WOMB

**Brahma Consciousness is also clearly linked with the Sri Chakra—where Creation is happening.** The Sri Chakra is nothing but the Mother's Womb. The whole Sri Chakra is Mother's



Womb. Sri Chakra—that's the place where She is staying. That's her place. She decides the consciousness, everything. Until birth, the soul knows how to connect to everything throughout all the planets. Once the soul comes out of the womb then the illusions start. **To know Brahma Consciousness, each soul needs to go back to the Mother's womb. Each soul who came on Earth needs to go back to the Mother's womb—the real Mother's womb.** How is it possible? They discovered a prayer. I'm talking about the *Shiva Puranas*.

How to enter into the Mother's womb? From Yoga Nidra, which is also called, Brahma Nidra, you can also enter. How can each person discover that in those 30 days from Full Moon to Full Moon? How to discover that? When you're sleeping you can command on your Brahma Consciousness. When you're sleeping sometimes somebody enters very close to you, you get shock and you're awake. Somebody is very close to you; you don't know it but you wake up like that. The same thing happened when the two ladies came near Ramana Maharshi when he was meditating in Yoga Nidra. He got shocked and he awoke. He wanted to protect his Brahma Consciousness, the Yoga Nidra, so to them he turned as a female, to cut their kama energy off. So most of the mechanism is linked to our sleeping. The most unbelievable mechanism is happening. You need to discover that. That's called Jaguru Stithi, Yoga Nidra, Brahma Nidra.

Student: Is that every time we're sleeping?

**Swami:** Nine days in 30 days. One hundred percent you can't help it, even if you drank, you smoked, whatever. Nine days. I'll give the symptoms.

Chinello: Is it nine days in a row?

**Swami:** No. You got the concept? What concept did you get?

Student: In order for us to learn where we came from, we need to understand our Brahma Consciousness because underneath the Brahma Consciousness is the Sri Chakra, which is the Mother's womb where all the Creation lives. Is that it?

**Swami:** Yes, but there's still more there. Paramahansa Ramakrishna meditated for 12 years. Finally, a Bhairavi Mata came. She brought him to the graveyard. Then she tested him; she squeezed him; then she transferred the energy. Good. Then again, he went to Parashakti Mahakali. When he had darshan of Mahakali, as he was looking at Her his wife came in to give him food. He turned his face to look at his wife and said, 'Amma.' Then he turned and started arguing with Mahakali, 'You're not fair. I did 15, 16 years of sadhana. She never even broke a coconut to you. The same time you're giving her darshan. Is it fair?' Is it fair, Clint?

Clint (Nityanandaji): Yes, the whole time his wife was thinking and taking care of him. So she is sharing in what he's doing. She's receiving that benefit.

**Swami:** There are a few types of sankirtana, bhajana, smarana, atma nivedhana, namaskara, archana, atma nyvedhana, sanvarshana, dasya. You can worship God nine ways. That's why Baba gave Lakshmi Bai the nine coins. Dasya means slavism. Just take care of him. Whatever he does you get the benefit. You don't need to sit and meditate. That's one. You're listening to bhajans, talking to him, being friendly with him and completely giving your heart, your life. Archana, doing puja, worshipping him. Dhyana, meditating on him. These are all ways you can reach the destiny. Baba told it in a simple vague way. But in this yuga, to his Parampara, my philosophy is to go the strong path as quickly as you can. Understand? What else? Any questions?

Marci: If you could explain more about the cycle of the nine days.



**Swami:** You can test the nine days some angles but before we go to the subject, I see some people are a little heavy. I want to make them awake and go again on the journey.

Student: I don't know how confused I am. In order for me to achieve my bigger self or best self, whatever, I have to reach Brahma Consciousness and I can do that through the Mother.

**Swami: Why I'm saying this is, it's very easy to win the victory through the female.** It's very easy. The male person can take 30 years; for a female three years is enough. I'm really serious. It depends on how much you are really concentrated.

Student: Can you explain what is kama and what is karma?

**Swami:** Karma is your action its reaction; whatever you've done is reflecting back.

Kama—Ravanasura used kama energy to kidnap Sita. The reflection was, he was destroyed. He didn't use kama energy in a proper way. If you know Brahma Consciousness, when you're sleeping and commanding on your soul to respect the womb, for both the female and the male. Respect yourself then you can control your kama energy and make it go super down.

Student: In the beginning you said it's all about kama. This might sound stupid but what is kama? Is it sexuality?

**Swami:** Yes, the desire. You want to use it... Majority it's the thought, thought is 50%.

Student: But using it in the right way? But you said not using it is a wrong thing unless you don't have any feelings.

Jonathan (*interpreting student's point*): Not using the sexuality. You said before it's a crime against the soul if you have those feelings not to use it—celibacy.

**Swami:** You got confused, I think. Okay, I'll ask you some general questions, guys. Did anyone get success? I know many people did many, many processes with different saints, different gurus, and philosophies and were in celibacy. Of course, Jonathan has been with a beautiful master to learn levitation, the siddhis. How much did you really do?

Jonathan: Maybe 20%.

**Swami:** Twenty percent. What?

Jonathan: Feeling those symptoms of lightness, floating up, but not maintaining, not staying in the air.

**Swami:** At the time were you really celibate?

Jonathan: Yes. Many years.

**Swami:** Like ten years? Never ever do a soul crime. What's the deal to unnecessarily doing a soul crime? Hun un. Life is short; make it sweet. Same time try to recognize what you're doing. That's it. So, you levitated?

Jonathan: No.

**Swami:** So, did anybody levitate in the group?

Jonathan: Not that I saw, and I was doing it a long time.

**Swami:** If I get you levitate, what will you do for me? First, I'm asking what's the purpose of levitating?

Jonathan: The purpose of levitating was to demonstrate, I think, to ourselves, that by an act of consciousness we could be in the akash element and not be governed by gravity. We could change our form. Just like changing water to wine. We could change this form into something so light like cotton wool and could ride on the air by an act of consciousness.

**Swami:** So, to do all that stuff you needed to levitate?

Jonathan: It was just a proof, a testing.

**Swami:** Without levitating you can still do that, isn't it?

Jonathan: Yeah, I think so.

**Swami:** You'll do it. Such crazy concepts you received, guys. Why I got really super angry, and disappointed, put it that way, is certain angles of wrong information. Totally wrong information. That makes me super upset. Look at our Boss, read his history. Read his history. *That* is reality. He's Adi-guru, purely Shiva, *purely Shiva*.

## SIX POINTS ON BRAHMA CONSCIOUSNESS

These six points are the simple abbreviation for Brahma Consciousness:

You're not allowing any illusions to play on you. Done. You're not allowing any blocks to damage your heart or your mind or your soul. Done.

'You' means Brahma Consciousness.

The mechanism we need to go to is how to avoid all the crazy stuff attacking you.

How you can demonstrate miracles, how you can demonstrate healing abilities, how you can take care of somebody's life very easily to make them happy, healthy and get enlightenment. It's only possible for you to do that through Brahma Consciousness.

Brahma Consciousness is always linked in the Mother's Womb. The abbreviation of the Mother's Womb is the Sri Chakra.

Every soul needs to experience the bliss of the Mother's Womb.

## BRAHMA CONSCIOUSNESS & YOGA NIDRA

Let's go to Jadguru Stithi. Jadguru Stithi in your Yoga Nidra when you're in deep sleep. Who is really a big sleeper here, like more than 14 hours in a day? Twelve hours? Ten hours? Eight hours? Who has really hard time to take a sleep? I need to see that. Who can't take sleep? Clint? Why is that a lot of work?

Clint: I go to sleep very easily, it's just that I wake up about four hours later, then I'm awake.

**Swami:** Brahma Consciousness says, sleeping for ten hours is the bliss. Eight to 10 hours of really strong sleep that's the bliss. **When you're sleeping you won't feel horrible; you're gone. When you wake up then you start feeling all the pain, depression, all the junk. Part of the time you're sleeping you're really in the bliss. How to take that and put that in your normal life? That's called Yoga Nidra.** To me, in my personal experience, generally for avadhut characters who are really taking a lot of responsibilities it's really hard for them to get relaxed. It's very hard to go and take sleep. Sometimes, I go amazing sleeping, like 18 hours, 23 hours, 30 hours at a stretch. Generally, I always have an idea that I'm sleeping. I'm serious. I always have an idea when I'm sleeping. You need to know, too. That's the key. **You need to know when you are sleeping. That's Brahma Consciousness. Simple...opening the door there. Whenever you're awake, you don't need to know the pain. That's another consciousness. That's not your pain. It's life and death.**

For example, Ramakrishna, wakes up by 7:30, 8am. Then he starts worrying about name and fame, money, problems, what to do today. That's nice, he can think on it. But he shouldn't stick on it. He shouldn't stick on worrying. **If people, healers, really know Brahma Consciousness then when someone is worrying too much, they can put a thought on him, 'Let's cut his worrying,' then give shaktipat with the pin number that I'm giving.** Instead of his worrying for three hours, he'll only worry for three minutes then he'll give up. It's stretching the time.

For example, I saw one guy who had been heartbroken for 16 years; he had lost his girlfriend. For 16 years, he drank, drank, drank, and destroyed his health, his reputation, his life, his money; he crashed. What do you need to do with him? You need to give a little Brahma Consciousness Stage to him to not worry too much. Cut it to clear it out of his consciousness.

Generally, I mostly do processes with my students when they take sleep. Of course, many students know that. I tell them, 'Okay, guys, go take sleep in the Jesus Temple.' They think, 'Why is Swami making me sleep in the Jesus Temple?' Some people write like five-page letters to me. I hate to read letters, but I have to take care of them. It starts at the beginning, 'Thank you, Swami, this, this, this,' it goes. If it's really good handwriting, then I can put attention on it. They're writing like... it's too heavy to me because I don't have the time. Of course, when I get the letter, I know by the person's character what it is. The weight tells.

Whenever I receive such huge problems in a letter I tell them to go take sleep in the Jesus Temple. 'Meditate in the Jesus Temple. I'll be there in 30 minutes. Wait.' I won't be there after 30 minutes; I won't be there after nine hours. I'm serious. For the first 15 minutes, 25 minutes, 30 minutes, he's thinking, 'Maybe he's coming at any time.' One hour later, 'Oh.' After two, three, four, five hours they give up, 'Swami said he was coming. I'm expecting an interview from him but he's not coming. What's going on? Maybe I did a mistake. Maybe he's busy. Maybe he forgot.'

But I'm checking on that guy and how he's really doing. Nine hours later I go, 'How are you doing?'

Then he says, 'Yes, I'm doing fine, Swami.'

'Something you wrote in your letter, what's that?'

He lost all his... he doesn't want to talk about what's really bothering him, 'Well, Swami, you know. I don't need to tell my problems. It's okay.'

'Can you handle it yourself?'

'Yes, of course, I can handle it.'

Then I go with a mind step. Even if in his heart he wanted to explain it, I already made him wait for nine hours. I squeezed his patience. Sometimes hundreds of people come to ashram. Only I give an interview to 10, 20, 30 people maximum. Is it true, Monika?

Monika (Mataji): It's true.

**Swami:** I never sit to hear their problem. I know their problems. They're not real problems. I make them wait two days, three days, four days, 'Okay, I'll talk to you.' Then the person keeps waiting, waiting, waiting. Then I say, 'I won't talk, send him away.'

Then he's sitting on the flight putting on the seatbelt thinking, 'I'll never come back to India.' I'm serious. I know a few characters like that. 'I'll never come back to India.' Then when he opens his personal bags, the book is there. He doesn't want to read my book, 'Forget about it. He promised he was going to talk but he didn't talk. I came with a lot of expectations, nothing happened. Who cares if he's a healer, an avatar, whatever, no, it's nonsense. He did not stick with what he promised, how can I trust his reality?' Of course, I can understand. Two or three hours later after the flight takes off and he's getting bored, 'Wait a minute, what is in his book?' He pulls it out. He starts reading the book. Then he starts to think, 'How much am I honest? How much can I blame Swami? Is there any law he has to talk to me? Is there any agreement that even if I went and paid a couple of hundred bucks to hear his talks, is there any law he has to talk to me? There's something wrong in me.' Is true, Monika?

Monika (Mataji): It's true.

**Swami:** What's true?

Monika (Mataji): People start to think about themselves and what they did.

**Swami:** How many times did you turn my picture and didn't want to look to me?

Monika (Mataji): Only just one period of time!

**Swami:** That's a lot! Hey, I'm not at all your enemy. If you're in trouble, what benefit do I get there? If I torture you what do I get? If I make you confused, what do I get? If I hurt you, what do I gain? I don't have any, any bad intention to drive you crazy. But whenever you're driving yourself crazy then I put a little more ghee on it. Go burn, some more burn, no problem. If you're starting to hate yourself, then I make more heat there. **Whatever is going to happen will happen. You don't have any right to stop it.** Pretty good once you reach the sadguru, especially with the Baba energy, and the Dattatreya energy, it's clear, you signed for it; your soul signed for it. Your children are having problems. You have problem with your boyfriend, with your wife, your health, wealth... these are all illusions. Purely Illusions.

One person came to me before I came here. He was ready to die in a couple of weeks. He was an amazingly wealthy guy, pretty powerful wealth. No wife, no children. A super greedy character, he was holding it. Then he got a terrible disease. There was no cure for it. He came in his best car. I made him to wait.

Whenever I'm a little relaxing, taking sleep, whoever comes I don't care. That's egoism, okay. Once I know his name, his face, I know how much he's open. When he's open I'm his slave. When he's not open, I'm your boss. That's a tricky point with the Datta consciousness. If you're open, 'Hey, what do you want?' When you're holding it, the problem starts. The real problem starts. But even if you hold it, you can't keep it forever. Accept it.

He came, 'Swami, please help me.'

Then I asked, 'What do you do with all your wealth?'

'I'll do whatever you say.'

First I said, 'Donate to certain charitable organizations then come to me.'

He had a doubt on me, 'After I did that then if you don't take care of me, what's my position?'

'Anyhow you're going to die in a few weeks, so what? You're going to die in a few weeks, what's the deal?'

He said, 'Give me one hour, Swami, let me think on it.' He went under my swing. He sat one hour and was crying pretty good. He came back, 'I don't want to do it until you really take care of me.'

I said, 'Until you do it, I won't take care of you.' So, what to do? Consciousness always works with open hearts. That's the key part of what I'm saying. Guess, Clint, what I did?

Clint (Nityanandaji) You opened his heart.

**Swami:** Like what?

Clint (Nityanandaji) You can open people's heart through shaktipat, through miracle energy, through your presence, by putting your sankalpam on their heart to open. I think that's more important than the physical healing. So that's giving him even something more than what he asked for.

**Swami:** Such type of character, an amazing wealth and ego character who's going to die in a couple of weeks, how are you going to handle that guy? Business guys always want to make deals. It's deals. I told him, 'Write five yes, yes, yes, yes, and five no, no, no, no, no, on ten slips of paper. Put them near Baba's feet. Choose five papers out of them. If three out of five come out yes, I'll do it.' If it came out no three times, I wouldn't do it. For three, I would do it—he (Baba) would do it. The man didn't believe in me, but he had to believe in me. That was the tricky point. He didn't believe in me, but he had to believe. There was no other alternative. If his heart was really open, he would win—yes, yes, yes, yes, yes—five yes. I'm not joking. Then I checked. He had all yeses. So now he's in the ashram. He's under the process of meditating and recovering. So, how Baba plays, you never know. **But if you break your promise, you're in a problem with Guru Parampara.**

Clint, you met one guy. Can you talk a little bit about that experience?

Clint (Nityanandaji) The leader?

**Swami:** Yes, the political leader.

Clint (Nityanandaji): Well, when I met this man, he was very, very sick. Prior to that time, he was a very powerful man in this part of India, very, very powerful. He had very crazy life at one time. He did a lot of crazy things throughout his life. And over time came more involved health issues. When I met him, he was dying of a disease that had not been properly diagnosed yet. He had gone to the hospital. They said he had one thing. Then he was just getting worse and worse and worse. In the car, on the way to meet him you mentioned maybe it was something or other. You weren't really sure. You vaguely mentioned some problem might be there which turned out to be exactly what you said. After our visit we did discover what it was exactly. I think he opened his heart or something at one point. In the beginning, he was not for you at all; he turned against you.

**Swami:** He didn't believe in God. He was an amazingly wealthy guy, a government politician. He didn't believe in God. He only believed in hard work. That's good. And he made his own judgments. The judgment was, if anybody was crazy, he was going to shoot them. He was that type of character. He was pretty crazy. Then he got terribly sick and there was no treatment for it. Finally, his two legs were paralyzed. He couldn't walk. He invited me but I didn't go. Again, he begged. I said, 'No.' Third time everybody came to me, 'Please.'

Then I took Clint, 'I'm suspecting maybe he has this type of disease... leukemia.' Then I talked very depth to the man for 20 minutes, 'You've done a lot of crimes. You thought you were the dictator. Who gave the power to you to harm somebody? You don't have the right to harm anybody. Now you're suffering.' Like one year he was on the bed. His wife can do one or two days of service but months? He was on the bed and thought it was better to shoot himself. At the climax moment I was there.

He said, 'Swami, I know I'm guilty. I did terrible things. I promise once I recover, I'll do wonders, good karma. No matter what you say, I'll do it.' By Baba's grace he became a very active person, walking, doing very good karmas. Finally, he missed his promise to Baba. He missed his promise. He had several security guards around him with the machine guns but still somebody came and shot him. Gone. He was gone. Why am I saying this?

### BRAHMA CONSCIOUSNESS—THE INNER JUDGE

Whenever you're in a helpless mood, whenever you really, really need help, make a commitment. Then stick on that commitment do or die. Your own energy is your enemy. Your own energy pulls to destroy you. For example, you're driving your car and you're telling a little joke to your mother. You're having a little fun, 'Oh, Mom, I got in an accident.' Then sometime you'll experience that, you'll get in an accident. **Your own word on yourself will become true. Even if you do it as fun, with intention or without intention, it means your own austerities' power, your own soul, will punch you. Does it make sense? That's another little, tiny symptom of Brahma Consciousness.** You need to be very careful with how the graph is going. You should have a really strong hook, a do or die commitment. Once you have a strong hook, a commitment, the illusions can never, ever touch you that easily.

You might change three girlfriends, four husbands, for different, different reasons. Whenever you're separating, whenever you're going away, go away with both guys having happy faces. If it's not working and you want to separate, that's your duty to make the person go away happy. That's another important law with any relationship. Cut it off in a beautiful way, not in a painful way. That pain, even after few months, six months later you might think it's dissolved, but it's not. It's still carrying; it'll come back and again it will grow. It will go to a different form and it's coming back. Understand? The majority is has to do with heart-to-heart links. Heart-to-heart.

To me sometimes, when I'm tough on certain characters, I'm very tough. Generally, I won't be tough. But once I turn tough, I'm a rakshasa. I am. I am a rakshasa. Rakshasa means *the* tough. Doesn't matter mother, father, brother, staff, or administration. I called the ashram late night last night. I know one guy was 100% sleeping. I called the gate telephone number, 'I need to talk to him in one minute.' He had to run six minutes from his deep sleep. I made him run there. He had promised when I came here, 'I'll take care. Don't worry. I'll be in front of the gate. I'll take care, don't worry, Swami.' He had a great party, he drank pretty good, then he was sleeping. Normally, I don't have right to disturb his sleep and make him wake up. But he gave his word so have a right to disturb him. He gave a promise, so I have right to disturb him. Even if I didn't disturb him last night, he would get four times more disturbed. I'm serious. He would get disturbed four times more than my disturbances. That is Brahma Consciousness. You have to pay with interest. You can't escape, period; either me or you, guys. So, why is it like that, Monika? What energy is it?

Monika (Mataji): Our inner conscience, our Brahma Consciousness, is aware of all our actions. It's the pure judge inside of us.

**Swami:** Exactly. There is a pure judge inside. Your mind or your heart may think you're doing right but try to think with your inner consciousness what you did and what you promised.

For example, I went to one person's house to see their Vaastu. I got a map. The map said it was pretty good Vaastu, but terrible problems were there. It made me curious, interested, to see how the property really looked. Why unnecessarily were they facing headaches? Then I went, I saw. It was totally the opposite. It was 110 to 120 feet of a northeast cut. The feedback I had gotten was that it had a very extended northeast and a gigantic lake there. *One*, I can't blame the map. *Two*, I can't blame on who gave it, prepared me to get pulled to that. *Three*, whatever love offering they're paying, okay, it's the Datta energy accepting it. Should I accept it or not? I was in a big confusion, conflict. I didn't think I could help. Period. But I had to help. There was really no permanent solution for that property. To the person, they loved their property. They were ready to die on the property, whatever it was. If they were really staying there, it was pretty big danger. What should I do, Clint? What is my position?

Clint (Nityanandaji): *(Can't be heard clearly but something about telling them to sell the property.)*

**Swami:** They would hate that. Everyday they're ready to give poison to me.

Clint (Nityanandaji): I understand. They got addicted to bad Vaastu. But maybe some temporary solution is there—a fix for a short period of time using supernatural energy. You can tell them it will help for ten years, or something like that.

**Swami:** How can we give a 10-year guarantee?

Clint (Nityanandaji): Well, *you* do that. No, the reality is to find a solution if there's a terrible defect, like a southwest swimming pool, there's a way to fix it for just a period.

**Swami:** If you're in my position, if I say anything, I'm committing a crime there. What do you really do there, as a soul judge in you?

Chinello: Sorry, Swami, I didn't really understand why you're committing a crime if you say something?

**Swami:** If I tell the truth? They will love that? I still need to care about their feelings.

Chinello: You told *me* to get rid of our place.

**Swami:** You're flexible. You're very flexible. I said, 'You really want to stay here?' He said, 'Whatever you say, Swami, I will follow.' 'Move. Out, out, from this property.' Certain angles I can't compromise.

Jonathan: But because they're loving that property, because their feelings are deeply attached, then you have to step back, you can't be strong.

**Swami:** Listen, she has a golden knife. She loves gold but it's cutting her throat. What should I do? If I take a knife, she hates me. If she keeps the knife, she dies.

Becca: The person is so attached to the thing, her Vaastu needs to change. The Vaastu won't change but maybe she can.

**Swami:** No, they're ready to die. They're ready to die with the knife but I don't want her to die with the knife. She's spiritual but not that spiritual. If she was really spiritual there was a chance I could show her mind, 'Hey.'

Student: Can't you work with a situation like that? You don't want to turn her off but maybe you can work with the person to change her.

**Swami:** No.

Clint (Nityanandaji): As a doctor, somebody comes with terminal disease and they're going to die. They can't hear that, they're completely in a different place. It sounds strange but my feeling, my experience as a doctor, if you tell them, it will make the last three weeks of their lives completely miserable. It will destroy them during the last weeks of their life. You know that situation as a doctor. You tell them everything will be okay. You don't tell them the truth. You let them be happy for the rest of their time.

**Swami:** That's a different situation. That's different; this is different.

Student: Is there a situation where you can help them heal their pain? They're not open, not spiritually receptive; maybe you can give them an experience of what the problem is.

**Swami:** No, it's okay. I'll give a solution for such type of characters. Finally, I fixed it. Finally, I made her to move out without her knowing. Some angles I had to play Krishna leelas. Sorry. She had to get out.

Same with you your lives, guys, when you're not following certain disciplines. You're saying, 'Swami, I'm honest; I'm doing my job. I'm pretty good disciplined. I'm doing this sadhana. But you're not. You're not; I know that. You're really causing yourself more headaches. And you're creating headaches around and you're coming with big headaches to Swami and giving big headaches to him. I'm serious. So, I have to take care of you but you're not coming with a clean slate so I can take care of you in a proper way.

Someone comes, 'I did sadhana for six months with a very strict diksha to get an experience of Mother, Swami.' You're not my slave; I'm not your slave. We're equal. You don't know something; I know something. After you know it, we're equal. Until you know that you need to have a little time and patience and follow what I say. I don't have any bad intention to give you the wrong guidance. With several people whatever I say they completely do the opposite. That's an ego problem, jealousy problem in the group. There are ten people. I had one group, 12 people. I worked with them how long, Clint?

Clint (Nityanandaji): Very intensely at least three years.

**Swami:** You think you guys will all get together?

Clint (Nityanandaji): Not yet.

**Swami:** Twelve people for two, two-and-a-half years, very strongly. Something I put in front of them, and I started watching. No. I left that group. Remaining group super successful and I'm making them take off. Showing the group how the remaining people are getting very happy and successful and taking off in a beautiful way. You have to understand when I'm giving some caution, some little advice, 'Do this,' think why I'm saying it. Don't think you have problems. Don't misunderstand, thinking that I'm not seeing your problem. I know your problem. You can tell me openly, 'I can't do this; this is my problem. I can't believe it, it's too much for me, too heavy to me.' Be loyal. I'm not forcing you to do this.



## THE STITHA PREGNYATATA STAGE

In spirituality, especially if you come to the Datta energy process, like with Baba during his life, how he really drove the people crazy. Even to me how he's really driving me crazy. Some angles I get a little frustrated with him. 'Why? Why are you driving me crazy? A simple thing that takes like ten minutes work you're making me work like 100 hours.' I'm serious. For ten minutes work, it's taking 100 hours work. What is the reason? Maybe there's a reason. I don't have the right to command or to blame on him. I simply have to accept it.

What I created in Penukonda, that many buildings and handling thousands of people, hearing and hearing their frustrations. Just you sit every day, and listen to people's problems, after eight days later you'll start to get a headache. I'm serious. If you heard that for two months non-stop then you will go a little crazy. One year later, you're out. You need to be in balance. The same thing in your life, the problems are always in you, hanging around. What I'm carrying—everybody's problems—I don't care...same time I care. **In your life when you reach that stage, you care but you don't care, that's called the Stitha Pregnyatata Stage. That's the most important tuning to your heart. Tune your heart like that. Hypnotize your heart like that—put it that way. Somebody's watching you. Somebody's protecting you. Have that strong faith in yourself. Then your life is very peaceful and smooth. It's very, very serious point.**

It's not me doing it, whatever it is. Some energy is making me to do it. I believe strongly in the Guru Parampara. Period. It's making me to do it. I accept that. For three, four years I tried to escape from this field, to only be in Himalayas. Who am I to really awaken the students' lives? Who am I to give the enlightenment? Already the divine force is there; it will take care. I don't need to do that. Better to be happy and in Chinmayananda, being in a very peaceful and quiet stage. I can go in any village in Himalayas, and I can get a little food. That's my dream. Many times I begged Baba, 'How you lived, your lifestyle, give me that for one month, to experience that.' No chance. No chance. He didn't have any desires.

To me, 300 people are coming for Guru Purnima. I have to accommodate them. Typical Westerns are coming. They need hot water and a beautiful bed and a lot of good food. And they get sick. Again, it's another headache for me if they get sick. Oh my, God. So, I have to take care of them. Then I have to create. Whenever creating is happening I have to supervise it according to Vaastu. That's another drawing of my attention. That's not what I want. But he's making me to do what I don't want. Forcely, he's making me do that. I'm not blaming on him. I'm accepting it. Sometimes intentionally I go 160-kilometer speed on the Indian road and do whatever I want. I'm serious. It's not frustration. I really enjoy driving. If he really wants me to be here, he can protect...otherwise out. It's not a depression stage. I'm not testing you, but I know how to control the steering. But, of course, I faced terrible, missed accidents.

**Why I'm saying this, the divine force is linked to you. Once you charged your souls, it means already the channel link has happened. No way you can escape. It's a standard law. It's a golden statement. No way to escape the Sai virus. The Big Boss virus, you can't escape. There's no treatment for it. Simply surrender.** Accept it. Same time, try to see your qualities. If you're really developing your qualities, he really protects you wherever you are. Even if you've done some tiny mistakes through stupidity, he's there to watch you and to take care of you. That's my total clear experience. You don't need to ask help. He's your slave. He'll come. That's his duty. You don't need to sit and beg and pray. He'll come and take care. If you have any terrible problem just tell him, 'Hey, are you watching me? I'm carrying this. Take care.' Done. No need to *keep, keep, keep* thinking on it.

## BRAHMA CONSCIOUSNESS IS BIG MEDICINE

**Swami:** Can you tell all the bullet points of what I said, the list of what I said, Jonathan?

Jonathan: So, all the different parts on the Brahma Consciousness?

**Swami:** And practically what I told.

Jonathan: So, the Brahma Consciousness is not allowing any illusions playing on you; no blocks playing on our hearts, minds, soul. You ARE the Brahma Consciousness. How to make us to avoid all the crazy stuff that's attacking on us is the subject for today. How to demonstrate healings, miracles, to make people happy, healthy, enlightened. Brahma Consciousness is always linked with Mother's womb and also with Sri Chakra. Every soul needs to experience in the Mother's womb, the bliss, which happens in the Yoga Nidra, which happens nine days out of every month. So those understandings are coming from the process today.

In the Yoga Nidra, that's the process of sleeping at least eight to ten hours a night. In that time, no problems if we're sleeping well, no attacks. When we're in the normal everyday world, we're having all the problems and difficulties to deal with. So, the trick is to get that bliss that we're experiencing while we're asleep and make that happen in everyday life.

In your experience, Swami, avadhut characters like you, have a very hard time to relax, to take sleep. But sometimes you'll sleep 18 to 30 hours. The main point in that part of the discussion, is to *know* when we're asleep, to be aware enough to have that much alertness to know when we're sleeping. That's another quality of an avadhut.

Whatever pain we're having in our life we need to know that it's not our pain. It's life and death; it's the way it is but it's not our personal pain. It's divine pain. So, we need to learn how to give a kind of shaktipat to people who are suffering with the belief that their pain is real. Actually, the pain is an illusion, and that pain can be reduced from 93 hours to 3 minutes by giving somebody certain shaktipat with pin numbers you're going to give.

**Swami:** There is a medicine for cancer. There is a medicine for brain cancer, there is a medicine for any type of disease. But there is no perfect medicine for the heartbroken. There's no medicine for guilt. There's a medicine for what you need to receive today—Brahma Consciousness. That's the medicine you need to receive...to use yourself and to give to somebody.

When I was coming from Austin, Texas to here, I told Monika and Gary in the airport, 'Watch ten faces, show one face that is smiling. Watch the faces, do you see at least one face that has a real smile there, the real activeness there?' That's the majority of people on the globe, unbelievably heartbroken—unbelievable—living with a dead soul. No fragrance there. So, there's big work to lift; there's really a big work to lift that.

## EXAMPLES OF HOW TO PLAY WITH YOUR BRAHMA CONSCIOUSNESS

You can see in the poor countries, especially in India, one part it's really poor but one part it's really wealthy. A person who is working in the ashram, morning to evening they work, and they're super happy with their small, tiny beedi and working and smoking. Whenever I'm walking they turn off their beedie, 'Oh, he's coming.' I'm serious. The cleaning ladies are very happy. The villagers just I go in the crops in the fields, to them it's a pretty good amount of money to live perfectly in India. They don't have crazy problems. Even though they have them, they ignore it. The ignoring means they love each other and

whoever is around them very openly. They talk very openly. They have very true friends. **You don't have really true friends, guys. That's the problem. Maybe you have one or two, three or four in your entire life. Having true friends, that's the bliss—a true community.**

One time a problem happened in ashram. How many people came to protect, Clint?

Clint (Nityanandaji): The whole village came.

**Swami:** Several thousands of people from around Penukonda because a neighbor was giving a headache. I had never even spoken to each person. You need to win the heart through your actions, through your love. So, in your life, true friends, to really share, that you need to develop very openly. Then, believe me, later your life will be different. You might be thinking Swami's going to talk this and that but I'm talking very simple things. It's a lot. It's really a lot to lead your life. The divine experiences, that's my job. To reach the divine experiences you need to develop these qualities. If you don't have these qualities hun un.

**Make a deal. It's very, very, very important point.** In my personal experience, I made a deal with Baba. 'I will do whatever he says. Same time he has to do certain things that I want.' Many things I asked. Out of ten so far, he's done two. Out of ten that he ordered; I did nine. Generally, I first do two, three then he forces me to do complete all the things. Generally, I won't do whatever he says, 'No, first do what I ask.' That's Datta to Datta characters. He's tough; some angles I'm tough. In the worst case, if somebody with a cobra bite comes and they're ready to die, there's no other option, 'Okay, I give up. I'll do whatever you say.' At the time that he's generous I have to be generous too, 'Solve the problem with the poison.' There are only minutes left, you can't take hours there, the minutes are counting. He can help it with some energy channels, he has to bless me to take care of that. If he stopped me then I'm really in trouble.

**So, when you made certain deals, if those things are not happening in your life, it means you have to think of what you really missed in your life.** That's a trick. Where you lost it, where you missed your part of the deal. You promised you would never drink alcohol. You gave it up. Then again you sneaked, and you started drinking again. Fine. A few people promised me, 'Swami, I will never again drink alcohol. I gave it up. I'm surrendering. I'm putting the alcohol to your feet. I'm done.' Then later on they're sneaking and drinking. I don't need to give troubles to them. The inner judge will give a punch. If I give punch, it only like ten minutes screaming. But the inner judge if they give a punishment, hun un, a couple months or a couple years. With whom you're making a deal that's very important. Between the Guru Parampara and yourself you made a strict deal.

One guy was a top womanizer. 'Womanizer' is abbreviation of that guy. He had terrible problems with his wife. Every time he went (to see another woman), after he was done, he didn't want to do it. A couple of times he wrote letters to me. One time he strongly cried and promised me, 'I'll never ever do it again.' Good, fine. Still, he kept doing it. If a problem comes, a severe problem will come. I know he knows it. He knows I know it. I didn't make any comment, 'Do whatever you want.' Again indirectly he's blaming me, 'Give me the resistance power to stop that. You are the Divine; you can make me stop to not do any crazy activities. Please stop me from doing that.' If I really want to stop then I really need to take action, not in a smooth way but with a real trigger on. In the classroom when a kid is not doing what does the teacher do? Punishment. So, why I'm saying this, especially with Baba's character, can you really believe he took a stick and broke the bones of the devotees? Monika?

Monika (Mataji): If it was really necessary.

**Swami:** Yes, he really took the stick. He was a strong tough guy, with a skinny character. His stick was a really powerful rosewood stick. Whoever came who had wealth he asked 10,000 rupees. That was pretty

big wealth in those days. He wanted 10,000 rupees from them. I'm not joking. If your whole property and all your bank balance was 10,000, and you went to Baba he would ask you to give the 10,000, *then* he would talk to you. What would do you do? Your first visit to Baba and he asked for your 10,000. Your life was that 10,000. You depended on that money, and he asked for it, what would you do? These are all examples how you play with your Brahma Consciousness. Several things going away, how you need to respond. What would do you do, Clint?

Clint (Nityanandaji): Well, I would give everything. I know who Baba is, his greatness.

**Swami:** In the beginning you don't know him. You don't know his greatness. Somebody says he's a little healer, good, good blessings, just go. You go. What do you do?

Clint (Nityanandaji): I don't think I would have made it as a student of Baba's in my life. It was really hard for me in the beginning to understand. There was a strong ego of knowingness that I carried in spirituality, like I already know something. There was a great lack in the ability to surrender to something that could be greater. I had a longing for something like this. If I would have come in front of Baba and wanted to see something there, and I knew there was something there, but the small 'I', the ego, at least my experience as a Westerner, would have told me that I know already, I know what I want. So just give me what I want, and I also know what it's worth. That's why if I saw Baba now, it would be easy for me because I know that I don't know how valuable it is what Baba can give. So, I think I would have failed coming in front of Baba in that life.

**Swami:** So, you would give it or not?

Clint (Nityanandaji): So now I would give it but telling the truth I probably would not have then. I would have probably been one of those stories in the *Sri Sai Satchitaritra*, somebody who came as a failure.

**Swami:** There are a few characters here who didn't pay him in those days. Now, it's coming back with interest. He sent me, 'Just give little warning.' Once he asked for it means, it's done. In any lifetime you have to pay with interest, and interest, and interest. No problem that's his treasure he's keeping with you. Give it. Make it with your two hands. Relief.

I promised him certain things in my life, not last lifetime, several lifetimes back in Himalayas. One hundred elephants' height, that much pouring the gold, I would donate to him. I'm not joking. How many? One hundred elephants' height of gold, I would offer him. He smiled and he did it. He did my work. Is it too much?

Clint (Nityanandaji): We don't know what you got in return?

**Swami:** I didn't pay yet.

Lora: How can you give if you don't have it? You make a deals but...

**Swami:** On the day I was pretty rich.

Lora: But you don't have that much.

**Swami:** On the day I was super rich, amazingly rich.

Lora: So, you had that much?

**Swami:** But why should I pay, I spent it in a different way. Now it counts. Within a couple of hundred years, the Mandir in Penukonda will be completely filled with gold and diamonds. Even if you want to

enter into that temple 10-15 years from now, you need to wait for ten days, period. I'm serious. Ten years later you need to wait, except room owners who will get an exemption. But if you're a normal student you have to stay a couple of kilometers away and wait for ten days to get inside for ten minutes. If I'm really on Earth you'll see me from far away, far away, it will not even be possible to sit and talk. Ten years back I told the Indians the same thing, 'Impossible, guys.'

So, make a deal with him, he really does the work. You don't need to work in a crazy way. What he really needs, 'Help ever, hurt never.' Don't think you always having problems. If you really surrender to his namasmarana, he's with you—some divine force is with you to taking care. It's done. The problems came from him; the wealth is coming to your life from him, health is coming from him. Again, if he's taking back let him take back. Done. He's given everything to you; he's taking everything from you. When he's taking it, and don't try holding it, 'Please don't take it.' If it's really goes try to say, 'Thank you, take it. Take it.' No need to worry about it. You had a beautiful girlfriend. She stayed with you 25 years. She said, 'Hi', then she left. What can you do? He blessed it, she came; again, he blessed, she's gone. There is no friction. **If you're holding friction, you're such a fool, idiot, so stupid. Very, very, very, very important. Once you start holding it you'll really destroy your Brahma Consciousness. Let whatever happens happen.**

What happened to you, RK, you're smiling?

RK: Enjoying.

**Swami:** Enjoying what?

RK: Your message, Baba's character and your character.

**Swami:** My character? I didn't take anything from anybody intentionally. But I will take. The day is coming.

Student: If somebody dies that you love how do you...(inaudible).

**Swami:** It's painful but send your love wherever the person's soul is. Put your pure love there; be happy. If you're worrying too much, you'll disturb that soul. If you keep crying, you're disturbing that soul. It's very important. I told it in many different, different chapters. Never cry. Be happy for them. Try to think you're also going one day. Have to go. Clear on this part? Shall we go on the depth now, second layer?

Student: I'm feeling kind of lost. Are you saying that an open-heart means acceptance of whatever is?

**Swami:** Give me your problem.

Student: I have health issues, money issues, I have pain issues. I want to surrender but there's a pain every day. How do be okay with that?

**Swami:** Why you need to be in pain every day?

Student: I want to feel secure, but I feel terrible. I'm attached to being in a pain-free state but so far it isn't working.

**Swami:** Too attached to what? To whom, to what, are you attached?

Student: Not sure. I'm really not sure.

**Swami:** So, do you really have problem?

Student: It feels like it.

**Swami:** Let's go to the second layer of the knowledge. Maybe it will help you.

## THE SRI CHAKRA PROCESS TO AWAKEN BRAHMA CONSCIOUSNESS

I want to give these things:

Make your souls stronger, harder, to not be sensitive and react for any simple thing.

To give whatever experience I promised to a few groups.

To giving the shaktipat of the Sri Chakra in each person's third eye to awaken your Brahma Consciousness very strongly.

I highly recommend for each person to draw the Sri Chakra Yantra very carefully on a copper sheet. Then I'll do the process. Then keep the Sri Chakra Yantra in your bedroom and concentrate on chanting some Sri Chakra bijas.

Every nine days what happens in our body? Certain students who are here, I made them sleep in the Jesus Temple. At that time, I never talk to their mind. I never teach the mind. Even though I talk to you for ten hours, 'Listening to Swami's talk so beautiful.' After you walk out, it's gone. It's gone. The next, it makes you feel good in your heart, it's touching; it's beautiful. I don't believe in that, too. What I really believe in is working with your soul. Whenever you're sleeping, sound sleeping, there is a chance we'll test it on someone by grace of Baba. You can pull the soul out, teach it, make it stronger, then send it back. The Big Boss, Jesus, that was his expertise.

To communicate with your soul, that's a tricky point. Whenever you're taking sleep, how to recognize what your soul is really doing? Has anybody seen any symptoms, any different forms or different sounds, in your rooms, in your house, or wherever—not like psychiatric problems.

RK: In your ashram.

**Swami:** It wasn't your mother, was it?

RK: I told you the experience. The early days when the second floor was just built, the crazy Vaastu up there: I was sitting next to the window, I looked and there was a face, not a face but something with half a body, a kind of a crazy face with half a body moving back and forth. It looked like a spirit. Then I went and told you that.

**Swami:** In a divine place, there's no chance for any negative spirit to be around.

RK: That's why I told you that.

**Swami:** For example, around this area here, there's no chance any negative spirit can come. **If you have the Sri Chakra yantra in your house, it's impossible a spirit can come in your house. Zero chance. No negative vibrations can come.** If the Chakra is there, no chance. If you have your mala, no chance.

I started a new diksha, too. I took Paul's mala and I'm also chanting. Not only you are doing it, guys; I am taking turns chanting it. Once if you know certain divine prayers, it's nothing. If you can cut a huge

tree, can't you cut a small leaf? You can cut the tree very easily. You can't cut the leaf? I'm asking? The divine prayers are very strongly around you no spirit can come.

### **The Soul's Communication with the Brahma Consciousness**

Let me talk on the soul subject. Generally, when we're sleeping the soul is always a kind of slippery snake. You're breathing; everything is fine. Your whole system is good, but your soul wants to walk out a little bit and again come back. That's a standard law. Sometimes when the soul is going out, if somebody comes at that time, the soul quickly jumps back in. Once it jumps in, you wake up. Those are the crystal-clear symptoms. Sometimes the soul puts you in a kind of drama—a dream. **When a beautiful dream is running, it means the soul is not in you. Note that.** It played a beautiful drama through your dream, and it left. It went out and again it came back. If a terrible bad dream comes, it means your consciousness is not allowing your soul to leave your body. Your soul wants to go but your Brahma Consciousness is holding it, not letting it go. So, at that time the soul will play another drama to make you feel sleep is not good. It's making you have a bad dream, making you shout and wake up. That's another trick.

Many people say to me, 'Swami, every night I have bad dreams. Somebody comes and attacks me. Some cobras are chasing me. I'm trying running but I can't run. There's no energy.' Or, 'I'm flying in the air.' Like that, they're having different type of funny, strange dreams. **If you're having strange dreams, it means your soul is not going out.**

What you have to do, you have to let the soul travel. You have to allow it to do whatever it wants to do. That's the most important thing. I'm introducing a new chapter, Parakaya Pravesh—soul traveling—at the University this year. Even the Big Boss, Baba, did it. Many top saints did it.

## YOGA NIDRA DIVINE SLEEP PROCESS, PART ONE

Before going to sleep, take a glass of water and while you're holding it chant any section of the bijas of the Sri Chakra plus '*Namo namashivaya rakshamaam*', for two minutes.

*Example: ma sa ja sa ta ta ga + namo namashivaya rakshamaam.*

Choose one section (one line) of Sri Chakra bijas:

*ya ma taa raa ja  
baa na sa la gam  
na ja bha ja ja ja ra  
ma sa ja sa ta ta ga  
sa bha ra na ma ya wa  
bha ra na bha bha ra wa*

After chanting it for two minutes, drink the water. When you lay down to sleep say thanks to your parents, to everything, and to God's Creation. Then you sleep.

### FIRST SYMPTOM--BEGINNING TO OBSERVE YOUR SOUL

When you wake up in the morning you won't remember what happened. There will be no dreams, nothing. It will be very plain. Observe what happens doing this process from one New Moon to the next Full Moon. For 15 days' time observe and count how many dreams you really had.

**Generally, if it's very quiet, and you're not feeling that you had any dream, that's a very good symptom. It means you don't know if the soul is going out or coming in. Those are super good symptoms. Like that, if nothing happens for one or two months, it means your consciousness is observing your soul and the soul is automatically recognizing that.** After two months you can see in your normal life the majority of your depression will be gone. The soul kicks the depression out. Your crazy bumpiness starts to wash out. Whatever funny problems you have, the soul kicks it out, making you feel happy and healthy.

### SECOND SYMPTOM--COMMANDING ON THE BRAHMA CONSCIOUSNESS

Then come the symptoms of the second layer of the soul character. Every day you're having dreams—good dreams, bad dreams, good dreams, bad dreams. Every day you're remembering them. If it's really a good dream, while you're dreaming make a little command to your Brahma Consciousness for whatever desire you want to have fulfilled in your life as soon as possible. **While you're in deep sleep you can command your Brahma Consciousness.** For example, if somebody hates you, you can give the command, 'I want that person to be very loving to me very soon.' Make a deal and throw the deal to the soul. That desire is waiting. The soul has to do that work. The next morning, you remember the dream and your command for the boon you wanted. Then you see the results.



## THIRD SYMPTOM—COMMUNICATING WITH BRAHMA CONSCIOUSNESS

**Whenever the same beautiful dream is running, you can command your Brahma Consciousness to know psychically what will happen in the future, near future.** The soul has to tell you during your sleep. When the soul enters then it gives a few symptoms of what's going to happen. Don't release that information out to anybody. Hold it and observe for the next few weeks to see if it really happened. If it happens it means you're really have a communication between your Brahma Consciousness and your soul. **You need to program your soul, through your Brahma Consciousness, to make it work for you.** Then it keeps working.

### The Brahma Consciousness Gives Work to the Soul During Yoga Nidra

When you're in a kind of deep Yoga Nidra, you're giving the work to the soul then the soul keeps developing it. At a certain stage once your mind is asleep, your heart feelings are asleep, you're in deep sleep and your consciousness is really glowing, radiant, like a Purna Avatar, then your soul is really begging to talk to your Brahma Consciousness, 'Tell me any work, I'm happy to do it for you.' It really does it. At the time if any friend is really in a terrible depression, you can take care of that person to wash it out. If it's possible, ask that person to sleep at the same time too. Then pretty good you can lift it.

Student: Swami, you're saying the good symptoms are when we're not having dreams? But then you're saying that when you are dreaming you can do some really good things. I'm a little confused.

**Swami:** No, dreams mean the soul is a little slippery there. It's good, clever, going out and coming back in. But it can't do it all the time. When your Brahma Consciousness is observing it, then it really wants to play. It's like kids when they have a bad habit of eating too many chocolates but in front of their mother, they want to be super good. It means easily the mother can identify the bad habits, 'What are you doing there?'

Mutyam: How do you command on the soul before you go to sleep? Do you do the process to tell your soul before you go to sleep?

**Swami:** You automatically command. Once the dream is running, at the time whatever thought comes, the Brahma Consciousness—the three heads, the three gunas—you can switch to any guna. **Some people really behave very wild because the majority of the gunas are driving them crazy when they're sleeping.** It's well tested in my research. I've seen different cases when they are sleeping the gunas are really crazy creating wild behavior, wild craziness. They suck a bad impression in their sleep; in the morning they react completely bad.

No need to go that much extent now. Just go layer by layer. Don't go too much. It's kind of getting your soul hypnotized through your Brahma Consciousness. Meditation is also a kind of deep trance in the satchitananda; making your mind completely quiet and calm.

Lora: Sometimes when I'm sleeping at a certain house, or staying with some souls I'll have spiritual dreams, like you will show up or Baba will show up. But with other souls it won't happen at all, ever. I'm just wondering does that mean those two souls together are making that dream? It was very clear to me this happens in my sleep only with certain characters.

**Swami:** It depends. When I was sleeping in Germany the first time, around midnight I started chanting certain things. There were thousands, not hundreds, thousands of spirits singing. Where I was sleeping, that whole place was a grave. I woke up the next morning to go back to India. They really begged me to stay. So, some places, yes, it really disturbs. How many can one take care of? It's difficult. It's not easy.

Student: In the morning hours, when I'm dreaming, I can make my dreams do whatever I want. Is this what you're talking about?

**Swami:** The point why I'm saying is when you can program your soul your normal life will be a bliss—no depressions, no heartbreaks, no crazy illusions. You're in satchitananda. You're a beautiful smiling soul, smiling face.

When you're going to bed practice it then you see. You tell the results.

Vivekananda, Ramakrishna Paramahansa's student, was an expert in meditation—communicating. He'd go in a deep trance. It was not sleeping. Whenever you're sleeping, if you're communicating, that's not sleeping. You're awake but very relaxed. You need that. Then again in the normal day 9-10 hours you're very energetic, active, happy, okay. Then again, you're taking sleep. You're running days, weeks, months, and years in a smooth way. Nothing is really bothering you in any crazy way. You're protected, having a huge seal around your soul. Making it active and growing your Brahma Consciousness strong.

### SUMMARY OF THE YOGA NIDRA DIVINE SLEEP PROGRAM

**Swami:** You can do any group of the bijas. One day you can do one group: next day another group. No problem. For a week, ten days make a note for five minutes and write what happened. If it's quiet, good. If you're receiving any dreams, observe it. Observe on it.

Jonathan: Then if we're not having any dreams that's a super good symptom. If that goes on for one or two months, it means our consciousness is observing our soul. During that period our consciousness is observing our soul, it means the soul will start kicking out our depression and problems. We'll start feeling happy and healthy.

**Swami:** It's very true information, 100%. You won't need any healing from anybody. Go ahead Jonathan (with a summary of the program).

Jonathan: The next layer of the soul character development, everyday we're having good and bad dreams and we're remembering them. If we're having good dreams we command to the Brahma Consciousness, even in the deep sleep. You gave the example of having somebody who doesn't like us, and we want that person to be more loving to us, so we command that during those dreams. Even if we're in deep sleep, we can have that intention and manifest it to come about. And any desire that we have in our life can be fulfilled. We make a deal. We throw that to the soul then the soul has to do that work. So, the soul is starting to work for us through our intention, through our Brahma Consciousness. So, we do this for some time and see the results. Was that another two weeks?

**Swami:** Yes.

Jonathan: Okay, the third stage, third set of symptoms, is when we're having a beautiful dream and we want to know the psychic future. So, we observe for two weeks to see if we're really having communication between our soul and Brahma Consciousness to make our soul work for us and keep working. This is deep Yoga Nidra, when the Brahma Consciousness is giving works to our soul and our soul is doing it. Then once the mind sleeps, and the heart feelings sleep—we're in the deep sleep—then our consciousness is really glowing. This is the Sadguru stage. And our soul is really begging to talk to our Brahma Consciousness, 'Tell me any work, I'm happy to do it.' So, our soul then is serving our Brahma Consciousness. And in this stage in our dreams, we can help a friend who's depressed or having some problems. We can command that work to be done and our soul will do that.

Next part, you were talking about once the dreams are coming and we know the thought, even while we're dreaming, we know what's going on, we can switch the gunas. I didn't get everything exactly what you said after that. But you mentioned some people's gunas are switching wildly when they're sleeping. Then they wake up with some result that's bad. Some bad energy comes from that.

So, this is part of the process to make our soul come under the control of our Brahma Consciousness. Meditation is also another way of doing that. It makes the soul very quiet to go in the huge trance. This is the way of doing a huge amount of work in the dream state in the Yoga Nidra—having the soul doing the work, our divine intention, of our Brahma Consciousness.

**Swami:** This work, majority is first protecting yourself. Forgiving yourself and not doing any more mistakes in your life. You're making it sealed. Even if you want to do a mistake the next day morning if you really got good communications chanting the bijas and drinking the water before sleeping, it has to catch up. It will catch up. You don't need to try for it. It's automatic. Then your life becomes easier.

## WHO ARE YOU?

Once your life becomes easier, the next step is to know where you came from. It's not that easy but it is easy. Ramana Maharshi, Ramakrishna Paramahansa, Babaji, Muktananda, and our Big Boss, Shirdi Baba, all knew the concept, 'Who am I? Where did I come from?' If you want to know that you need to complete the first program sector on dreams. It's the Yoga Nidra Program. I'm giving the new title for that—Yoga Nidra, Divine Sleep Program. You need to complete that; to be pretty successful on it.

Next sector, where you came from? Who made you come here? Who decided for you to work? That's another. Do you have any idea? Ramakrishna?

RK: No. You said that it is from the Mother's womb but I don't know if that's where we came from or where we find out where we came from.

**Swami:** Of course, you will find out if you really do this program. Then two more programs, it's done. Who are you? I'm serious.

RK: I don't know but today you said we're the Brahma Consciousness.

**Swami:** Who are you?

Student: Children of God.

**Swami:** If you're the children of God, who's God? Who is he? Okay, we worship Ramana Maharshi. He did everything in his life pretty good. Big Boss, Baba, he enjoyed. Why are talking about them as God? Why not yourself? Why do you need to be in slavism? How long, how far? It's great you love them, and you worship them but why don't like yourself? What's the difference between them and you? If there's a difference, what is it? Don't say it's the blocks.

Student: They're good meditators. By birth they're born with abilities.

**Swami:** No, not all. One part maybe but not all, no.

Student: They understand what they know.

**Swami:** What understanding?

Student: They figured out who they are and realized the divinity in themselves.

**Swami:** Who are you?

Student: I'm a divine soul in human form that came from the Mother.

**Swami:** Who said that?

Student: I know that.

**Swami:** Can you prove it?

Student: Probably not but she watches over me, I'm her child. And that's the connection I feel.

**Swami:** That's a vague answer. Since millions of years everybody on the globe has been saying that. Nobody got success yet that powerfully. Only you can count all the saints in small numbers—10, 20, 30. Out of millions of creations there are only 20, 30? Monika?

Monika (Mataji): Only a very, very, few, Swami.

**Swami:** If you're God, what is meant by 'God'? Think deeply, don't get excited to give the answer. We have a lot of time. We do.

Monika (Mataji): How can you answer that question if you're answering it from the mind? It's not in the mind; it's beyond the mind.

**Swami:** You *can* answer it, guys. Believe me, you'll answer it. Think two minutes. Who are you? If you're God, what is meant by 'God'? Done. If you're a divinity, what is meant by divinity? Think. Think. I'll give two minutes. Only certain people should answer. Scott?

Scott: God is love and I'm a divine spark.

**Swami:** Clint?

Clint (Nityanandaji): Well, divinity is unconditional love and God is Divine. And, divinity is service to others, selfless service in all ways. God is there in the Generator, Operator and Destroyer. In each one and each of us, we are that.

**Swami:** Alx?

Alx: I could say a lot of words but they're not what's inside of me.

**Swami:** Jonathan?

Jonathan: I'm a player in this play of the Divine taking care of the Divine—a light, it's a light show.

**Swami:** RK?

RK: I think the Divine is the Creator, whatever is manifesting the Creation, that energy. I'd say I agree it's a divine spark, a desire of God.

**Swami:** Chinello?

Chinello: I agree with what Nityaananda was saying. It's the Generator, Operator, Destroyer. But outside I'd say it's more than that. I'm sitting here thinking but how is it that if we're the Brahma Consciousness. I'm thinking about 'Aham Brahmasmi', and we have to be that, too. And if our Brahma Consciousness is not strong then we don't know who we are. But once it becomes strong, we can see that we're not only that but more than that.

**Swami:** Where is the smell coming from in the rose flower? I'm giving a hint. Why are you saying it's a rose flower? By looking at the color, looking at the beauty, or is it the smell? With which part are we saying is a rose? Choose one.

Students: All of it.

**Swami:** Choose one, Monika.

Monika (Mataji): Fragrance.

**Swami:** Okay. Tell me, who are you? What is meant by God?

Student: One with everything; it's the Oneness.

**Swami:** (*He indicates that it's not the answer*) If you really think about it, you can say it.

RK: If we have to go back to Mother Divine's womb to find out where we came from, meaning to find out who we are, and the Mother Divine's womb is the Sri Chakra and the main point of the Sri Chakra is the Nada Bindu; you once told the zero is the hero, the nothing is the everything, the silence is God.

**Swami:** Say that again. You're getting close; carry on.

RK: In order to find out who we are, we have to find out where we came from, and to do that we have to go back to the Mother's womb and the Mother's womb means the Sri Chakra. The main point of the Sri Chakra is the Nada Bindu. And on one side of the Nada Bindu you once said, 'Behind the Nada Bindu nothing is there. In the zero is the hero. God is the total silence.'

**Swami:** Doesn't it make sense? Just Silence... quietness... everything is there. The Creation is there. Silence. In Koran they say, 'Lahilahiylaila rasulula'. And Babaji—just silence. In Buddhism, did Siddhartha meditate on anything? Clint?

Clint: No.

**Swami:** He dug the inner silence. Then he became the Silence.

## EVERYTHING CAME FROM THE SILENCE

**Silence is the biggest weapon. You can heal; you can take care. You can create. You can destroy to any extent this side, any extent that side.** Who is really a big talker never gets great success. Who is really maintaining less talk, they're the deep thinkers. Shirdi Baba never gave upadesh to anybody. He never gave speeches anywhere, just little stories. He healed.

So, it's linked with Sri Chakra the Nada Bindu, the center point. The beginning point is zero. How we say that? **There are three bijakshras created in the Silence—one is 'om', next 'hreem', 'hesraim', and again 'hreem'. This 'hreem' and this 'hreem' is one; 'hesraim' is another one; 'om' is another one. These bijakshras are playing a lot of illusions. Only with these bijaksharas can you come out from the layers of illusions.** Even if people don't meditate on anything and just take one of these bijakshras. Even you go to a very quiet place and sit, you can hear it. Be alone as much as you can. Throw your body in a quiet place; listen to it. It's there. It's there. Any prayer, everything is just created from the Silence.

When I was in the Himalayas at Manasarovar that was a different experience. When I was in the desert, the wind was almost knocking me out. If you observe the sound in those places, you can receive the real sounds. After you keep going on the sound, then after a while you're hearing only one sound.

**So, you are the Silence, but you got disturbed in crazy ways. To get back in the Silence you need to struggle to create the Silence in you to become the Silence again. You need to struggle for that. The most peaceful place in all the galaxies is the mother's womb. It's the safest, peaceful, quietest place. No energy can touch you there.** But still, you're always hearing everything, whatever circumstances are happening, but it's not touching you. You can observe everything from Mother's womb. You can hear the father's sound; you can hear the mother's sounds from there. I'm serious.

As soon as you come out from the womb, the next second the illusions are grabbing you. When you're growing the illusions are pouring on you. That's why in the Kruta Yuga everywhere was Brahma Consciousness. Once the woman got pregnant, they were practicing, feeding the baby inside. They were training the baby before it came out. Then the baby went like a bullet train. Even now I tested that. I saw practically some pregnant mothers who practiced certain supernatural formulas and visited certain temples performing certain things; the kid got it very strongly. Majority, they're the people who are coming and leading, taking care of thousands, millions of souls.

Here's the tricky point. It's an easy way to awaken the soul from that point, from that place. But after being born from the womb and grown up, you got disturbed, then again to send you back in the womb to make you stronger, that's a big process.

So, all this information is not today's information. It's really what they practiced in ancient days. In Kruta Yuga, there were no avatars. In Treya Yuga, Lord Rama came. All the crazy things had started, Ravana's story and the whole story happened. Maya, unfairness, untruth, all showed up a little bit in that Yuga. In Dwapa Yuga, the big battle happened, and millions of people died. Kali Yuga we're seeing how it is. So it's a drop in the graph. This time is terribly crashing. **Who really can grab that Silence, enjoy that Silence, receive that Silence in you, become that silence, what more do you need? You don't need anything. You don't need anything. That's enough.** Any questions?

Chinello: How does Shiva fit in that picture? Because Shiva is always meditating, always in the silence. How does Shiva relate to that? How does that relate to us?

**Swami:** He's beyond all. He's the abbreviation of Silence. He's the abbreviation of Silence. For me, if I close my eyes and take sleep in Yoga Nidra, everybody keeps flowing in front of me. Clint is coming, one Japanese guy is coming, Germans and Indians. No way. To maintain my silence, I have to shut down certain doors, push it out. Still it's coming by force. That's why the gurus, the masters, intentionally pull and hold the karmas with them; they physically take them. It was not a big deal for Paramahansa Ramakrishna to take care of it. He had a huge, big cancer wound on his back. At nighttime he was shouting. In that shouting he was enjoying that as silence. I'm serious. His shouting was making his silence. His suffering was making his silence.

The Big Boss, Shirdi Baba, sometimes did Kandhana Yoga, or sometimes smoked or sometimes drank soma. Then when he wanted to go take sleep generally, he wouldn't go take sleep. At the time he fell down in the street and the gigantic rain came and the water flowed on his body. Shirdi was just a small hamlet, hardly 40, 50 houses with two, three streets. The rain kept flowing on him, and the street water flowed on him. At the time he was in the Silence.

Student: When the soul leaves the body in sleep does it go back to that Silence?

**Swami:** No. That's the next step. I think it's already too much for you guys. I'm really squeezing you. After certain layers, I explain it then I'm a free bird.

**End of Talk on Day One**

# THE YOGA NIDRA DIVINE SLEEP PROCESS, PART TWO

Church of Divine Lineage  
(Divine Mother Center)  
Laytonville, CA, USA  
May 24, 2006

**Swami:** How was your day? Slept good?

Students: Yes.

**Swami:** Last night I really tortured, isn't it? Everybody was super drowsy and sleepy. I'm so impressed; you did a pretty good job, guys, drawing the Sri Chakra, first time in my experience, like six, seven hours non-stop pretty good working.

Students: Thank you, Swami.

**Swami:** So, what did you get from the talk yesterday?

Students: Beautiful.

**Swami:** What did you really understand? Did you understand it? Was it very deep, heavy to you?

Scott: The energy was very heavy for me, Swami. It was very heavy.

**Swami:** The information automatically makes you sleepy. I'm serious. To know who you are, to understand that, automatically you get drowsy and sleepy and silent. Those are the symptoms. You can't help it.

I don't want to give too many more details, just I want to awaken your inner feeling abilities. I want to give the process. After that we'll go to the Dattatreya statue and do abhishek. We'll lift him and put him in the Temple. Is it possible, Ramakrishna?

RK: With your blessings it's definitely possible. We'll do it.

**Swami:** Then every person is receiving shaktipat. That's the major process. That' ends it. Jonathan, can you stand up for few minutes? I'll ask you a few questions. What is meant by Brahma Consciousness?

Jonathan: Brahma Consciousness is that quality of our soul, of our deep awareness, that distinguishes between who we really are, what we're really here to do, and all the more superficial levels. The Brahma Consciousness is an inner judge in one way. And it's the expression of our divine voice, our divine nature.

**Swami:** What are the benefits?

Jonathan: When our mind and soul are under the control of our Brahma Consciousness then we're capable of doing our true soul dharma in the world. And we're feeling our connection with the creative energy, the Brahma energy. I think that it's also the Jesus Consciousness. That creative force when it first comes off the Silence, when it's manifesting it's still drenched in the Silence, and it has that link. So, anything that comes under its guidance is going to be an expression of it in the world, in our actions.



**Swami:** What else?

Jonathan: It's capable of helping us to do divine works through our dreams.

**Swami:** Let me ask you this. I don't want to waste time. Where does a miracle start? If you understand that, it's done. Where do miracles start? Yesterday I told where all the illusions, the negative illusions, the blocks start. I talked on kama. Everybody should listen a minimum five times to the cassette. Try to figure out what, in which way I told that. Understand? Today the major part is where do miracles start? Yesterday, we talked about God, Silence. Where do miracles start? How? That's it. Then, you're on the track on the spiritual journey. I'm asking the question.

Jonathan: I think the miracles start; I think that is the Brahma Consciousness. The movement in the Silence when the Silence starts to spill over into the form, it can take any form; it can change this form to that form. So, the miracle energy is making the infinite silence move in any different way. So, it's totally connected to the silence. It's right at that Nada Bindu. So, the Brahma Consciousness also has to be very closely involved with that. On the one side with the forms, and on the other side is the infinity, the Silence. So, the miracle energy starts there, I think, but another element of it is it's an intention of the pure God energy, the silence. It's the intention is to show itself in different ways. That's also part of the miracle energy. It wants to show, it needs to show.

**Swami:** Then?

Jonathan: Then when it starts to express it's a message.

**Swami:** Let me ask you this. How can you pull Mother Divine? If it's a miracle, explain briefly.

Jonathan: How you can pull Mother Divine?

**Swami:** How you can manifest Mother Divine? Like Vishvamitra manifested Gayatri; he wrote *Gayatri* prayer. Isn't it?

Jonathan: I think he got, and we can get so close in the Nada Bindu in the Sri Chakra when we're at that doorway. That's her. She is the whole Sri Chakra. She is the whole Creation. When we make it back to the point where one side is Creation; other side is the Silence then we can manifest her. We can manifest her right there. She is that. That's the miracle of creating anything. Everything is that. Everything is an expression of her, all the miracles are some degrees of her. But to manifest her in the form I think is a very clear Brahma Consciousness ability at the Nada Bindu point, to hold that thought, to hold that intention of the Mother to come in a form.

**Swami:** They don't know about Nada Bindu. Just yesterday they drew the Sri Chakra (for the first time). It's unnecessarily talking too much on this subject. It's not that necessary; only a part is necessary. Last night's talk was for someone who has meditated for 15 years, to them it's like jewelry, to program. Of course, guys, you're pretty smart but I don't want to make you confused. How many years have you studied with me?

Jonathan: Almost 10 years.

**Swami:** How many years back you connected something deep?

Jonathan: About five years ago.

**Swami:** You connected to Mother Divine five years ago. It means you worked with me four years. Why did I work for four years instead of giving it in four months?

Jonathan: I think so I would be prepared to hold that energy; not just have an experience and have it dissolve back in Nature. That I could digest it and hold it in my soul.

**Swami:** So still, you have that?

Jonathan: Yes.

**Swami:** You still have that? You still remember that experience? You still can have that experience whenever you want?

Jonathan: That energy is running. Can I pull her whenever I want, not yet. Not like that, that's why I'm here.

**Swami:** A few points you have to important to understand. If I promise, "Okay, guys, I'm going to give water to you. You're thirsty. I'm going to give water. It's a spiritual divine law standard, if I release the information that I'm going to give water to you, a lot of disturbances will come to make you not get that. You know what I'm saying? Maya. That's why in the Sri Chakra there is: *ya ma tha ra ja bha na sa la gam-yama maya*. *Yama* means death; *maya* means birth. In Sri Chakra the petals *maya* means birth; *yama* means death. In Sanskrit, on the day they created maya, illusion.

So never ever expect Swami's going to give water. You're thirsty; I know it. My dharma is to fulfill your thirst. Is there any law to only fulfill your thirst with water, RK?

RK: No.

**Swami:** Why?

RK: Because there are a lot of things that will quench your thirst.

**Swami: So, with divine experiences don't stick on the idea that it only has to be this way or you only want that. That's maya. That then turns into yama.** You're in trouble; I'm in trouble. You're in?

Students: Trouble.

**Swami:** I'm in?

Students: Trouble.

**Swami:** It won't give me trouble. Why I intentionally cancelled several programs with people, I know they're expecting something. I'm preparing to give them something. In the moment I'm very happy to give a talk. But I never know when I receive a call, "Get back to India." Then have to get back. Whenever I come, I beg Baba, "You take care." Sometimes he gives up, "You take care."

One time I was going to Japan. I checked in all my luggage. In Singapore, there was a six-hour layover. I was flying in Business Class, and I was extremely tired. I didn't have time to go in the lounge to relax. I put my towel down in the airport near the gate and I was sleeping on it. The translator had come from Calcutta. He joined us in Singapore. He said, "Swami, are you relaxing?"

"Yes, all the luggage already went to Japan."

He called Japan, "Swami's here. He's already in Singapore. In a few hours we'll be there."

The boarding started. I got a phone call, "You have to come to India, Swami." At the time, Anya, Cindy and me and this Indian translator were all flying to Japan. Simply I said, "I'm sorry. I have to go back to India, guys."

"Why?"

Mahamaya. Mahamaya. So, I simply wrote a letter to the Japanese to apologize to them so they would understand. They didn't understand for a while. Later, they understood. I purchased new ticket that day and landed in India. All Japanese were waiting at the airport in Japan with a garland. That guy didn't have guts to tell them Swami was not coming. He already promised them, "He's on the way." Simply he went. They all went with garlands, hundreds of people, "Where is Swami?"

"He didn't come." Their feelings really went down.

Then later those guys really took off. I took a different angle, like super-fast track. They came several times to India, Hampi, and I offered something from myself. I didn't explain at the time certain things to them why I'm doing that. I just gave the results. Then later they understood.

So, especially when the mechanism is happening, you have to simply be quiet and calm, simply following it. Whenever you have any strings, that's a danger. Leave it to me and leave it to your soul. Whatever is going to happen let it happen. Then it really helps.

In your life you need two things:

You have to lead your life happily.

You have to make people around you happy. That happiness is the only true bliss. True bliss means to understand the true bliss energy mechanisms. Period.

Last night whatever I made you chant the Sri Chakra, that's done. Your soul is totally committed with Mother. That's a pretty good take off. Second thing, getting shaktipat from your third eye touching the statue, you don't need to receive shaktipat from me. Wash the Datta statue. Just spend with him (the Datta statue), touch him, get shaktipat. We'll see what transmissions, what openings will happen. The same time I want to give a new formula to develop the healing abilities in you when I come here next time. There's not any diksha connected to this. There aren't too many difficulties. I hope you can do this.

How many people are coming to India this Guru Purnima, guys? An important thing is I worked with Germans, one group of 73 people. I went to Germany 15 times and worked with one group for four sessions. First session, they were a completely crazy. Second time, I was crazy. With their craziness I said, "No." Third time we came to a good understanding. Fourth time, they came to India. They really learned certain levels. Each person gave a birth to a Shiva Lingam on Shivaratri Day. I used to give birth to Atma Lingams. I made them give the birth. You should really talk those guys. I've never ever seen such a great experience in the student's kingdom. Before that, they connected to Mother Divine and had communications. Now that group has to go on the mountain this Guru Purnima and cut a huge tree, bring it, carve a big cross into it and put it somewhere in the ashram. Those 73 people need to hold it; they have the formula; they have to make the Big Boss' statue bleed. That's their job. I don't know what they're going to make bleed. It's not my job; they chose it. I put a strict boundary on them and me that they should not tell me anything, until they show me, they did it. No permission to be with me. I'm a small little maya, "Oh, you're doing this?" It means if I already know your formula then there's a chance it can cut off. So why should I know that? So even now, after you get shaktipat from the Dattatreya statue, you

need to see what experience you're going to have on the spot, tonight, in two hours, and what changes are coming in you. You need to see it.

If you get confused, don't stay in confusion. Leave it. You got over exhausted with this information. Leave it. Don't worry. It's too much for you. You don't need to do forcefully but you have to do happily. You don't need to do it...?

Students: Forcefully.

**Swami:** But you have to do it...?

Students: Happily.

**Swami:** *Have to do it happily.* When I saw this guy Scott, I gave the name Brahma to him, he was a tough character in my life. He came and I was at the firepit. Do you remember? He had some problems. I looked in his eyes... the graph was really falling down. What to do? How many ceremonies did you do?

Brahma: Several. And we did one special fire puja before I went back when I was sick.

**Swami:** And some before?

Brahma: I had cancer and I completely recovered.

**Swami:** It's gone?

Brahma: Yes, they haven't found any.

**Swami:** That's needed. I didn't promise him he would get healed. But I did my job; I left it. Then see the results. So that you need, guys. Do abhishek to Datta today. You leave it open what it brings in you. So, write down the prayer. There's a chance I'll visit here in October just for Laytonville. There's a chance. Don't miss that chance. As I said with Germans, first they drove me crazy, then I drove them crazy, then came one understanding and finally one climax happened. So, whenever the Divine wants to give you a stroke and a beautiful punch, it finds Its own way. It takes time. Sometimes it's faster; sometimes it takes years. But I saw last night with the different people, with a few people I can really punch it. They're ready. A few souls are a little off the graph; no problem, ready to go smooth and gentle take off. No hurry in it. Does anyone have a big expectation like that? Hello?

Students: No.

**Swami:** Be honest?

Student: Yes. A little because the process we started in November here, we've been working really hard, following it then pulling you back. With God's grace however it plays out.

**Swami:** If you answer me, then whatever you want I'm happy to give. Okay, I'll give another story. In a village there was a king. He didn't have children for 25, 30 years. Finally, he had a kid. All the villagers were super happy that the king had a beautiful kid. Everybody was bringing flowers and stuff, seeing the baby, and saying congrats to the king. One old lady went to the king's baby and brought milk. She had taken the milk from the cow, put it on her head, closed it with a plate and carried it to the forest to the king's palace. There an eagle caught a cobra. It had gone into the forest. When she carried the milk pot a little wind came and the plate moved a little. The eagle squeezed the cobra and the poison from the cobra fell in the milk. She didn't know that. She went to the king's kid. Everybody brought many, many gifts, dolls, this, that. She was the only lady to bring milk. The king got super thrilled; she super touched

his heart. Then they made the kid drink the milk. The baby died. Then whole kingdom was upset. Then they found out it was poison milk. The king was so super upset he wanted to give punishment to the lady. According in the Divine Court, who is punishable there? Give me answer? (Different answers: wind, Mahamaya, lady, nobody) Doug?

Doug: The king.

**Swami:** He's responsible?

Doug: He's the one who gave the milk to the child?

**Swami:** If you gave something to me, should I suspect you? Generally, I would just drink it. I'm not a king. Hey, he is a beautiful friend of mine, I just drink it.

Doug: But the baby doesn't have any choice to drink it or not. Whatever it's given it has to drink.

**Swami:** You know the answer?

Student: Baba?

**Swami:** No.

Student: The king because he didn't hire a taster?

**Swami:** Tell me when I come next time.

## YOGA NIDRA DIVINE SLEEP MANTRA & INSTRUCTIONS

Om hreem ram dheem  
shiva shakti  
atma shakti  
yoga shakti  
raksha raksha rakshamam

108 times a day.

Three times 41 days = 123 days

Every Full Moon and New Moon you have to do this prayer in water (bathtub or shower). It brings amazing relief to wash all the crazy blocks and karmas. You can give this to anybody.

It is highly recommended on least one Full Moon or New Moon timing that all your group gathers, comes to this Datta Temple with milk, honey, rosewater, coconut water or plain water and do abhishek to the Datta statue. Take that liquid every day and use every day and give to lot of family members to use. It's the most healing thing. But you have to come here and wash it with your hands. For example, bring couple liters of rosewater. Chant and wash him (the statue) for 10 minutes. Then you take that rosewater back with you to take shower and share with your family. Like what we do in India to Baba, abhishek.

If anybody is too far away from here to come to this place you can do it in the Shiva Cave in India. You can do it in Dwarkamai. If you're here, come here once a month, it's not a big deal. Not a big deal.

## YOGA NIDRA PROCESS DIKSHA

You can eat whatever you want. Drink whatever you want. But don't get addicted to crazy stuff.

You have no permission to hurt anybody when you're doing this process. This process is completely making your soul very strong. You should not hurt anyone, especially in your relationships. It comes back in a very worst way then you have to pay back in interest ten times at least, I'm telling you.

## YOGA NIDRA PROCESS BENEFITS

Once you keep doing this you feel such a great silence in your sleep.

You'll feel the Mother's love, like you really hugged the Mother. Like you're such a beautiful kid. Sometimes you'll just feel like you're in the womb of Mother. You don't know anything; you're just quiet. You wake up; you don't remember where you are.

This morning I woke up and I felt I was in Penukonda. Generally, in the morning when I wake up, I call Chitti, my secretary guy. When I woke up today it took me 30 seconds to figure out where I was. I'm serious. It's the first time in my life. That's interesting I started the process with you, guys. Before I came here the statue was here. That's every interesting. It came from India. A lady bought it for her house for a process then she put it here. I asked her, "Hey, can we put it in the temple?" She said, "Yes." It took her... how long it took you, Marguerite?

Marguerite: It took one-and-a-half years to get it here.

**Swami:** One-and-a-half years back she ordered it. It just arrived before I came. That's something different.

**End of Talk**

## BOOKS ABOUT SRI KALESHWAR FROM THE DIVINE MOTHER CENTER

***Ancient Knowledge, Divine Mission: A Rendering of the Teachings of Sri Sai Kaleshwara Swami*** by Sri Sai Kaleshwara Swami (Author), Mataji (Monika Penukonda) (Editor).

***At the Feet of an Avadhut: Life Lessons Learned Serving Sri Kaleshwar*** by Terry 'Sundaram' Clark and Jessica 'Sivapriya' Godino

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***Kaleshwar – English Version*** by Monika Taylor Penukonda (Mataji)

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***The Real Healing Is Soul Healing Volumes 1 & 2*** by Sri Sai Kaleshwara Swami (Author), Mataji (Monika Penukonda) (Editor)

***Sri Kaleshwar and Me: A Saint Teaches an Executive to Live, Love and Lead*** by Gary Taylor

***Sri Sai Satcharitra: The Wonderful Life and Teachings of Shirdi Sai Baba*** by Hemadpant (Author), Mataji (Monika Penukonda) (Editor)

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## ABOUT THE DIVINE MOTHER CENTER

The Divine Mother Center is a Power Spot for the Divine Mother created by Sri Kaleshwar during his lifetime. We are a global community awakening to the Divine Feminine. Through the Divine Mother's shakti-energy, soul healing and soul abilities are awakened in people who will create peace and harmony on the globe.

We uplift, educate, and empower women and men to discover their greatness. Come experience the Divine Mother's shakti-energy in your life. We share remedies and tools to connect with the Divine Mother and channel Her energy in practical and miraculous ways. Developing and deepening our connection to the shakti energy brings the greatest peace, confidence, and bliss to ourselves and the world around us. As we recognize, nurture, and connect to the Divine Feminine energy within each of us, all of nature moves into a higher state of being, forming a more loving, healthy, peaceful world.

Founded in 2004, the non-profit Divine Mother Center lives peacefully in the forest of Mendocino County in Northern California and is committed to caring for this unique Divine Mother Power Spot by protecting and preserving the environment as we grow our capacity for daily off-grid, sustainable living.

We are bridging ancient spiritual technology with modern technology to guide and nurture healing and shakti-energy experiences for you right where you are. Join us online for fire ceremonies, meditation classes, live courses, satsangs, and small group discussions learning ancient wisdom from the Divine Feminine. Let the Divine Mother reveal Herself to you.

VISIT US ONLINE



Learn more and join us online at [www.divinemothercenter.org](http://www.divinemothercenter.org).

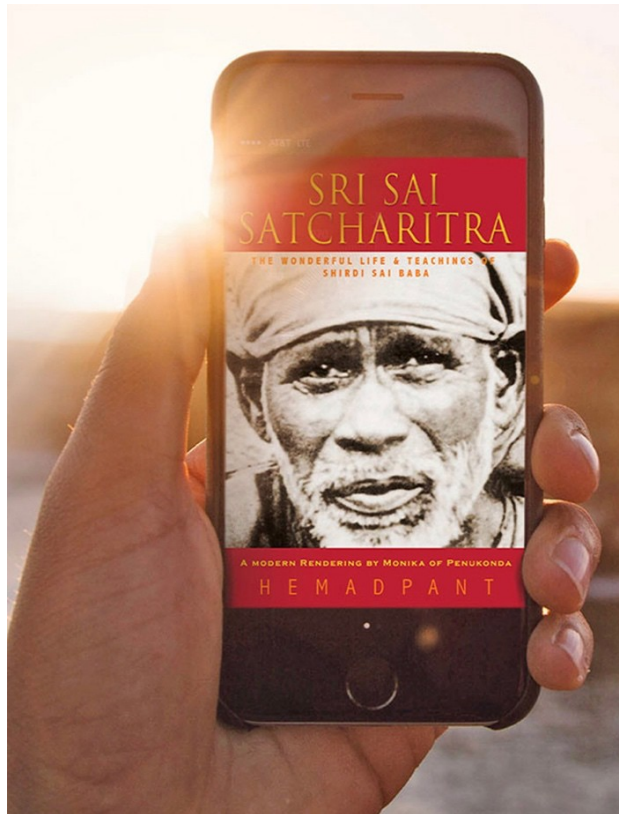
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***The Wonderful Life and Teachings of Shirdi Sai Baba***

BY HEMADPANT, A MODERN RENDERING EDITED AND NARRATED BY

MATAJI (MONIKA PENUKO)

# We Invite You to Experience the Divine Mother's Energy!

## Divine Mother Center Activities

- **Divine Feminine Revealed** – An initiative of the Divine Mother Center, led by women, to awaken, experience and develop the Divine Mother's shakti-energy in ourselves, our families, and the world!
- **Sacred Fire Ceremonies** – Manifest what you need and bless the world. Fire rituals create through the Divine Feminine energy to refresh and renew your energy, increase health, wealth, and happiness, protect you and your family's energy, and connect you to miracle energy for divine experiences. Join our full and new moon fire rituals live online every month on YouTube, Facebook, and Twitch!
- **Divine Mother School** – Experience the Divine Mother in your life! Discover rich courses providing simple tools, meditation practices and self-care remedies you can begin at home today. We share ancient knowledge to experience and connect with the Divine Mother's energy to bring healing, harmony, and balance into everyday life with free downloads, online self-paced courses, live programs, small group, and private sessions.
- **Divine Baby Blessing** – Awakened women and mothers are the key to a new golden age! We support the development of a women's power and share knowledge and practices for mothers to awaken the highest spiritual energy in a baby's soul as it is growing in the womb, and divine parenting tools for mothers and fathers to support their children.
- **Virtual Ashram** – A growing, online library of living knowledge preserving and sharing the ancient palm leaf knowledge revealed by the Divine Mother with classes covering 30+ topics. Join live weekly online satsangs, and self-paced classes, small group, and private sessions to go in-depth in your study and practice.
- **Peace Fires** – An initiative of the Divine Mother Center uniting people in global synchronized Sacred Fire Ceremonies for world peace and healing. Join people of all spiritual backgrounds around the world on the Full Moons, Summer Solstice, and New Year's Eve to create an energetic shift in consciousness for peace.
- **Sai Family** – An initiative of the Divine Mother Center connecting a global community of Shirdi Sai Baba devotees. Experience the joy and blessings of the great saint Shirdi Sai Baba through online sharing of stories, teachings, and experiences of Shirdi Baba.

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